

John 16:16-22 Joy in Sorrow

1. It was Blaise Pascal who said – “all of us seek happiness, the will never takes the least step but to this object. It is the motive of every action of everyone of us”. Would you resonate with this statement? Why or why not?

Read John 16:16-22

The uniqueness of Christian Joy

2. We so often see joy and sorrow as mutually exclusive, you either have joy or sorrow. This is the case because we locate our joy in things that change, and joy in anything that changes will eventually diminish our joy, eventually lead to sorrow. How has this been your experience?
3. (21) How does Jesus’ illustration of the woman in labour help us understand the unique nature of Christian joy. That it is a joy that we can have in the midst of sorrow?

The Source of Christian Joy

4. It was Blaise Pascal who said that “our infinite yearning for joy will only be filled by an infinite and immutable (unchanging) object, that is only by God”. Would you resonate with this statement? Why or why not? Does this observation help us to understand what Jesus is saying here?

