

Small Group Questions: March 24, 2019 - Prayer

How would you describe your prayer life, ie daily, once or twice a week, when I am in small group, Sunday morning at church, other?

What is your preferred way to pray and there been any significant change over Lent? If so how?

Do you follow a prayer calendar, cycle of prayer, form of prayer (ie A.C.T.S.*) or go where the Spirit leads?

Has the way that you pray changed over time?

Do you struggle finding time to pray?

*A.C.T.S.

Adoration: Give God praise and honor for who he is as Lord over all.

Confession: Honestly deal with the sin in your *prayer* life.

Thanksgiving: Verbalize what you're grateful for in your life and in the world around you.

Supplication: *Pray* for the needs of others and yourself.

Richard Foster's book titled 'Prayer' might be helpful, but don't get too caught up in how to, just talk to God.