

## Small Group Questions – April 26

### Read **Psalm 42**

1. **Verses 1-4:** The psalmist's disillusionment was due to a combination of personal despair, heckling from enemies (v. 3), and social isolation (v. 4). Personal disillusionment led the psalmist to realise their deep thirst for God. How have the sufferings in our own lives (exacerbated by the pandemic crisis) uncovered the underlying thirst of our souls?
2. **Verses 6-8:** The psalmist remembers God and His covenant even amidst their disillusionment. What are some spiritual practices that we must do as Christians to remember God's faithfulness in Jesus Christ even as we may at times feel forgotten and abandoned by Him?
3. **Verse 9-10:** The psalmist prays to God even as they feel abandoned and forgotten by Him. How does prayer assist us in our grief and disillusionment?
4. **Verses 5 & 11:** The psalmist repeats to themselves the choral refrain of their personal disillusionment while preaching hope in God to their own soul. How does repetition in the Christian faith assist us in our journey through disillusionment and despair?