

## Feb 13, 2021 – Small Group Questions

### Read Psalm 124

1. The psalm is a song of anamnesis. Anamnesis is bringing up the past into the present so as to enter and participate in it. It's the opposite of amnesia (forgetting what you remembered) vs. anamnesis (remembering what you forgot). What are some ways we in Western culture and as a church practise anamnesis?
2. In v. 1, King David calls Israel to remember God as being on their side during horrific times. Can you recall a moment in your life or your family's life when you felt God beside you and your loved ones?
3. In v. 2-7, David describes in five ways how God rescued Israel from evil: from their enemies, the monster, flood, wild beast, and the bird's trap. Despite suffering these evils, David testifies to God's miraculous deliverance from them. How does God rescue us from the destructive forces of evil? What does divine deliverance look like?
4. In v. 8, David makes a final affirmation that help is from the LORD, the maker of heaven and earth. How does this truth influence the way we live our lives as Christians each day?