

## Pastoral Care

The Lay Pastoral Ministry Team is a diverse group of people called, gifted & equipped to provide a range of caring ministries to our community and beyond. Those who feel strongly about serving others, particularly in the difficult times of their lives, take up this ministry. It is at core a visitation ministry, but it is broader than that, the scope of which is limited only by the need on the one hand and the gifts of those who minister on the other. If you are particularly sensitive to the needs of others, even if you don't currently know how to meet those needs, this may be a ministry for you.

Time commitment needed for this ministry:

- 10 hours training (done either on a Saturday or in several evening sessions
- Monthly meeting of about 1.5 hours
- Caring relationship can range from 1 or 2 hours a week to once a month or just occasional, depending on the nature of the need

This ministry is designated by the diocese as a high-risk ministry, it requires a full application with 3 references, a police and records check as well as the sexual misconduct training. (At no cost to you). Confidentiality is key in this ministry.

If you are interested in this ministry or if you could like to know more about how to get pastoral care for yourself or someone you love; please contact James Beck at pastoralcare@littletrinity.org