

LITTLE TRINITY

SINCE 1842



GROW TOGETHER
LOVE OUR WORLD
GOD SERVE



Sunday, Feb 5 2023

BAS Worship & Communion Service

9:00am & 10:45am

Welcome to Little T!

A Liturgical Style of Worship

This booklet will hopefully help make you feel more comfortable, especially if this is new to you.

Liturgical worship simply means we follow a particular order of service that is grounded in liturgy or "the work of the people". We use a liturgical form of service for our gatherings because we are not putting on a show for people to watch. Rather, the liturgy walks us through the wonderful story of Jesus Christ in a sequence that brings home the good news of God's grace to us. Each week we are brought back to the strange and amazing story of God with us. Today, our service is from the Book of Alternative Services (BAS) developed in 1985.

If this is new to you please join in only when you are comfortable. You'll get the hang of it after a few goes. Look out for **STAND** and **SIT** and **SIT/KNEEL** (whichever is your preference) instructions or just follow what your neighbour is doing (assuming they have been here before). In general, we stand to praise, sit to learn and sit/kneel to pray. **Bold** print directs you to join in unison.

CHILDREN

Contact Janelle Gordon for information
(children@littletrinity.org)
or go to littletrinitychildren.org

YOUTH

Contact Morgan Chu for
information
(youth@littletrinity.org)

Welcome One Another

Why do we do this?

"Welcome one another as Christ has welcomed you, for the glory of God" (Romans 15:7) We come from delightfully diverse backgrounds yet Christ draws us together! Take a few moments to welcome those around you while we move up and in to make space for latecomers.

Musical Worship

Join in with our worship team as you feel led, sitting or standing as you are comfortable. The historic tradition uses music and song to direct ourselves towards God in praise and to direct our own hearts towards God's truth.

Opening Prayers

Worshipping God must begin with a heart prepared to enter into his presence. The Collect is a prayer that collects the intentions of our service; each Sunday there is a different collect paired with the readings and sermon message.

WELCOME**MUSICAL WORSHIP*****STAND*****OPENING PRAYERS*****SIT/KNEEL***

The grace of our Lord Jesus Christ
and the love of God,
and the fellowship
of the Holy Spirit,
be with you all.

And also with you.

Almighty God,
**to you all hearts are open,
all desires known,
and from you no secrets are hidden.
Cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord. Amen.**

THE COLLECT OF THE DAY***SIT/KNEEL***

**Merciful Lord, you alone can order our unruly
wills and affections. Teach us to love what you
command, and to desire what you promise,
that, among the changes and chances of this
world, our hearts may surely be fixed where
true joys are to be found, through Jesus Christ
our Lord. Amen.**

THE PROCLAMATION OF THE WORD

READINGS **Romans 8:1-4; 13:8-10**

SIT

9am - Peter Oulton

10:45am - Jenn Rowland

¹ There is therefore now no condemnation for those who are in Christ Jesus. ² For the law of the Spirit of life has set you free in Christ Jesus from the law of sin and death. ³ For God has done what the law, weakened by the flesh, could not do. By sending his own Son in the likeness of sinful flesh and for sin, he condemned sin in the flesh, ⁴ in order that the righteous requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. [...]

⁸ Owe no one anything, except to love each other, for the one who loves another has fulfilled the law. ⁹ For the commandments, “You shall not commit adultery, You shall not murder, You shall not steal, You shall not covet,” and any other commandment, are summed up in this word: “You shall love your neighbour as yourself.” ¹⁰ Love does no wrong to a neighbour; therefore love is the fulfilling of the law.

The Word of the Lord.

Thanks be to God.

GOSPEL **Matthew 5:27-30**

STAND

The Lord be with you.

And also with you.

The Holy Gospel of our Lord Jesus Christ according to Matthew.

Glory to you, Lord Jesus Christ.

²⁷ [Jesus said:] “You have heard that it was said, ‘You shall not commit adultery.’” ²⁸ But I say to you that everyone who looks at a woman with

Proclamation of the Word

We take time to quiet our minds and listen to the scriptures which we honour and value as God's word to us. We accept this as a gift and offer thanks to God in response.

The Proclamation of the Word has two distinct forms and functions: hearing the Word spoken to us as we listen to God's voice through the words of the scripture, and hearing God's word broken apart that we might delve deeper into its meaning and be exhorted to not just hear the Word but to live it as well.

Scripture quotations are adapted from the ESV[®] Bible (The Holy Bible, English Standard Version[®]), copyright © 2001 by Crossway.

The Gospel

The Gospel is God's word that speaks to us of what God has done in Jesus Christ. The Gospel demands that we act and standing up is a way to recognize that we are ready not just to hear but live as well.

lustful intent has already committed adultery with her in his heart.²⁹ If your right eye causes you to sin, tear it out and throw it away. For it is better that you lose one of your members than that your whole body be thrown into hell.³⁰ And if your right hand causes you to sin, cut it off and throw it away. For it is better that you lose one of your members than that your whole body go into hell.”

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

Sermon

As we open the Scripture, we corporately encounter Christ. As you listen, pray to be open to the Spirit's leading, exhortation, encouragement and healing.

If you miss a sermon or want to listen again or share with others, podcasts along with small group discussion questions are on our website: www.littletrinity.org and they are also available on Google Play and iTunes.

Confession of Faith

Standing together with Christians throughout the centuries and throughout the world today, we affirm our faith by saying these ancient words together. This is the Apostle's Creed where we acknowledge the historical truths of our faith, passed down throughout the ages.

SERMON

STAND for prayer, then ***SIT***

The Rev. Timothy Haughton, Senior Pastor

Sermon Series: Sermon on the Mount - Keeping in Step with the Kingdom

Silent reflection

CONFESSION OF FAITH

STAND

Do you believe in God the Father?

I believe in God, the Father Almighty creator of heaven and earth.

Do you believe in Jesus Christ, the Son of God?

I believe in Jesus Christ, his only Son, our Lord.

He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.

Do you believe in God the Holy Spirit?

I believe in God the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

PRAYERS OF THE PEOPLE

SIT/KNEEL

Lord, in your mercy,
Hear our prayer.

Prayers of the People

The prayers of the people are the response of the community to the proclamation of the word. They are a moment when the gathered community Together we pray for our church, our city and our world.

WEEKLY CYCLE OF PRAYER

MINISTRIES OF THE WIDER CHURCH

WORLDWIDE: The Church in Papua New Guinea

DIOCESE: Holy Family, Heart Lake, Holy Trinity, Guildwood
& Holy Trinity, Thornhill

CLERICUS: Chaplain, Mount Sinai Hospital

NEIGHBOURHOOD

Those living and working on Polson Street & Unwin Avenue

LITTLE TRINITY COMMUNITY AND LEADERS

Coordinator, Volunteer & Creative - Laurie Haughton

PARISH

Alison & Martin Chapman, Ross & Evie; Liane & Jason Chapman, Alexis & Annelies; Francine Charland & Alexander Rice; Nathalie & Graham Chernoff, Elisabeth & Helena

MISSION PARTNERS

McDaniel & Blossom Phillips (TWR) London, Ontario

SPECIAL NEED

For the peace and healing of God to surround and comfort
Sherri Frankling as she recovers from a fall & hip surgery

OFFERTORY

In our offertory, we offer our praise and thanksgiving and the gifts of bread and wine to the glory of God.

If you wish to financially support the ongoing gospel ministry of Little Trinity, you can scan the QR code attached to a pew for options or visit our website at littletrinity.org/give.

If you wish to give in person, please deposit your offering in the offering boxes in the church sanctuary.

OFFERTORY WORSHIP

THE PRAYER OVER THE GIFTS

Gracious God, all things come from you and you teach us to be generous with what we have. We pray that our gifts may be wisely used for the ministry of the gospel and the relief of those in need for the glory of our Lord Jesus Christ.

Amen.

The Doxology

These words, penned in 1674 by Thomas Ken, anchor us in the reality that our only proper response to God is worship and praise.

Confession & Absolution

Not forgetting our nature as fallen human beings: on one hand, we fall short of what we should do and who we should be, on the other hand, we are reminded that God is loving and merciful, we recognize that we are sinners and he reaches out to us nonetheless; we are assured that God has looked upon us with mercy and we have been forgiven of our sins.

THE DOXOLOGY

STAND

Praise God from whom all blessings flow!

Praise Him all creatures here below!

Praise Him above ye heavenly host!

Praise Father, Son and Holy Ghost.

Amen.

CONFESSION & ABSOLUTION

SIT/KNEEL

Dear friends in Christ,

God is steadfast in love and infinite in mercy;
he welcomes sinners and invites them to his table.

Let us confess our sins,
confident in God's forgiveness.

Most merciful God

**we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbours as our-
selves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us,
that we may delight in your will,
and walk in your ways,
to the glory of your name. Amen.**

Almighty God have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in eternal life;
through Jesus Christ our Lord.
Amen.

COMMUNION

EUCCHARISTIC PRAYER

SIT/KNEEL

The Lord be with you.
And also with you.

Lift up your hearts.
We lift them to the Lord.

Let us give thanks to the Lord our God.
It is right to give our thanks and praise.

It is indeed right to thank you and praise you,
holy and gracious God,
creator of all things,
ruler of heaven and earth, sustainer of life,
for you are the source of all goodness,
rich in mercy and abounding in love;
you are faithful to your people in every generation,
and your word endures for ever.

We say the confession together to illustrate we are all in need of God's mercy and forgiveness. Even if the person standing in front of you looks like they have it all together.

Eucharistic Prayer

Modeled after Jewish table prayers of blessing, the Eucharistic Prayer, or the Great Thanksgiving, explores and explains something of the wonder of Jesus' death for us, as Paul wrote: "as often as you eat this bread and drink the cup, you proclaim the Lord's death until he comes."

The prayer contains the words Jesus used during the Last Supper. As we hear these words and go forward together, we feed on him, in our hearts, by faith, with thanksgiving.

The table is prepared while the prayer is spoken, much as we prepare ourselves to receive the Eucharist.

Holy, holy, holy Lord...

The Sanctus (*Holy, holy, holy Lord*) names that which is sacred, holy, hallowed, consecrated and inviolable: "Lord, God of power and Might".

Therefore with angels and archangels,
with the fellowship of saints
and the company of heaven,
we glorify your holy name,
evermore praising you and singing,

**Holy, holy, holy Lord,
God of power and might,
heaven and earth of your glory are full.
Hosanna hosanna hosanna in the highest.**

**Blessed is he who comes
in the name of the Lord. (repeat)**

We praise you, merciful Father,
not as we ought, but as we are able,
because in your tender love
you gave the world your only Son,
in order that the world might be saved through him.
He made you known by taking the form of a servant,
healing the sick, liberating the oppressed,
reaching out to the lost.
Betrayed, reviled, and nailed to the cross,
he confronted the power of sin
and disarmed it for ever.
In his offering of himself,
he became the perfect and sufficient sacrifice
for the sins of the whole world.
Redeemed by Christ,
we have been adopted as your children;
by your pardon
you have made us worthy to praise you.

On the night he was betrayed,
Jesus, at supper with his friends,
took bread, gave you thanks, broke the bread,
gave it to them, and said, "Take and eat:
this is my body which is given for you.
Do this for the remembrance of me."

After supper he took the cup of wine,
and when he had given thanks,
he gave it to them,
and said, "Drink this all of you:
this is my blood of the new covenant
which is shed for you and for many
for the forgiveness of sins.
Whenever you drink it,
do this for the remembrance of me."

In obedience to him and with grateful hearts
we approach your holy table,
remembering our Saviour's sacrifice,
and rejoicing in his victory.

Confident in his sovereign purpose,
we declare our faith.

**Christ has died,
Christ is risen,
Christ will come again.**

Send your Holy Spirit on us
that as we receive this bread and this cup
we may partake of the body and blood
of our Lord Jesus Christ,
and feed on him in our hearts
by faith with thanksgiving.

May we be renewed in his risen life, filled with love,
and strengthened in our will to serve others;
and make of our lives, we pray,
a pure and holy sacrifice, acceptable to you,
knitting us together as one in your Son Jesus Christ,
to whom, with you and the Holy Spirit,
be all honour and glory, now and forever.

Amen.

The Lord's Prayer

the Lord's Prayer is the prayer instituted by Jesus himself (Matthew 6; Luke 11). This prayer has been handed down from generation to generation, teaching us to pray.

THE LORD'S PRAYER

Let us pray,

Our Father who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever. Amen.

THE BREAKING OF THE BREAD

"I am the bread of life," says the Lord.

"Whoever comes to me will never be hungry; whoever believes in me will never thirst."

Taste and see that the Lord is good; happy are they who trust in him!

The gifts of God for the people of God.

Thanks be to God.

COMMUNION

All those who have placed their trust in Jesus as Saviour and Lord, being baptized in any Christian denomination, are welcome to the Lord's table. Gluten-free wafers are available upon request from the communion administrant.

Prayers After Communion

God gets the last word in our service. First, he blesses us, and then he sends us out into the world, to live a life that reflects his love, mercy and truth.

PRAYERS AFTER COMMUNION

STAND

Eternal God,

we have received a token of your promise.

May we who have been nourished by holy things live as faithful heirs of your promised kingdom, in the name of Jesus Christ our Lord.

Amen.

Glory to God,
**whose power, working in us, can do infinitely
more than we can ask or imagine. Glory to
God from generation to generation, in the
Church and in Christ Jesus, for ever and ever.
Amen.**

THE BLESSING

The peace of God which passes all understanding,
keep your hearts and minds in the knowledge and
love of God, and of his Son Jesus Christ our Lord:
And the blessing of God almighty, the Father, the
Son and the Holy Spirit be among you and remain
with you always. **Amen.**

CLOSING WORSHIP

STAND

THE DISMISSAL

Go in peace to love and serve the Lord.
Thanks be to God.

We have been given the
rest and nourishment we
need to sustain our own
lives, and we have been
given the gifts we need to
go out and Serve our
World in the name of
Jesus.



SERMON NOTES

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

NEXT SUNDAY, FEB 12, 2023

9am & 10:45am - BCP Worship & Communion Services
(with concurrent Children & Youth Ministries)

6:30pm Worship & Communion Service

Readings: Matthew 5:33-37

GET IN TOUCH

LITTLE TRINITY

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Administrator Office hours: M-Th 9:30-3pm admin@littletrinity.org

Prayer Chain: prayerchain@littletrinity.org Ext. 251

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The Rev. Orvin Lao, Community Connections Pastor olao@littletrinity.org Ext. 223

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www.littletrinity.org |



Little Trinity Church |



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