

Lord of the Sabbath - Study Questions

Luke 6:1-11

25 February 2024

Read Exodus 31:12-18 and Luke 6:1-11

1. What is the reason given in Exodus 31 and in the 10 Commandments in Exodus 20 for Israel's need to keep the Sabbath? What is the reason given in Deuteronomy 5?
2. When we bring the two reasons together, what did James suggest the Sabbath could be likened to?
3. In the parable of the Sower and the Seed in Mark 4, Jesus says of the seed sown among the thorns that *"They are those who hear the word, but the cares of the world and the deceitfulness of riches and the desires for other things enter in and choke the word, and it proves unfruitful."* How does this passage illuminate why we need a spiritual reset button from our weekly responsibilities and obligations?
4. In Mark 2, Jesus said: *"The Sabbath was made for people, not people for the Sabbath."* How did James suggest that that helps our understanding of the nature of the Sabbath?
5. In Luke 6, Jesus said: *"the Son of Man is Lord of the Sabbath."* What does that teach us both about Jesus and the Sabbath?
6. In the second story in Luke 6, Jesus asked the question: *"is it lawful on the Sabbath to do good or to do harm, to save life or to destroy it?"* How does that help us understand the nature and significance of the Sabbath?
 - a. What did James suggest would be a good question to ask ourselves at the end of every day and during confession at church?

"Rest - Sabbath rest - a rest where we learn to trust God for all our needs - a rest that declares that our safety and security are found in God alone - a rest that reorients us away from the burdens, diversions, distractions and deceits of this world and toward God and the people given us by God - this rest is a core gift and discipline of the abundant life Jesus promised."