

LITTLE TRINITY

SINCE 1842



Sunday, May 5, 2024

**BAS Worship & Communion Service
9:00am & 10:45am**

Welcome to Little T!

A Liturgical Style of Worship

This booklet will hopefully help make you feel more comfortable, especially if this is new to you.

Liturgical worship simply means we follow a particular order of service that is grounded in liturgy or "the work of the people". We use a liturgical form of service for our gatherings because we are not putting on a show for people to watch. Rather, the liturgy walks us through the wonderful story of Jesus Christ in a sequence that brings home the good news of God's grace to us. Each week we are brought back to the strange and amazing story of God with us. Today, our service is from the Book of Alternative Services (BAS) developed in 1985.

If this is new to you please join in only when you are comfortable. You'll get the hang of it after a few goes. Look out for **STAND** and **SIT** and **SIT/KNEEL** (whichever is your preference) instructions or just follow what your neighbour is doing (assuming they have been here before). In general, we stand to praise, sit to learn and sit/kneel to pray. **Bold** print directs you to join in unison.

CHILDREN

Contact Janelle Gordon for information
(children@littletrinity.org)
or go to littletrinitychildren.org

YOUTH

Contact Morgan Chu for
information
(youth@littletrinity.org)

Welcome One Another

Why do we do this?

"Welcome one another as Christ has welcomed you, for the glory of God" (Romans 15:7) We come from delightfully diverse backgrounds yet Christ draws us together! Take a few moments to welcome those around you while we move up and in to make space for latecomers.

Musical Worship

Join in with our worship team as you feel led, sitting or standing as you are comfortable. The historic tradition uses music and song to direct ourselves towards God in praise and to direct our own hearts towards God's truth.

Opening Prayers

Worshipping God must begin with a heart prepared to enter into his presence. The Collect is a prayer that collects the intentions of our service; each Sunday there is a different collect paired with the readings and sermon message.

WELCOME

MUSICAL WORSHIP

STAND

OPENING PRAYERS

SIT/KNEEL

The grace of our Lord Jesus Christ and the love of God, and the fellowship of the Holy Spirit, be with you all.

And also with you.

Almighty God,

to you all hearts are open,

all desires known,

and from you no secrets are hidden.

Cleanse the thoughts of our hearts

by the inspiration of your Holy Spirit,

that we may perfectly love you,

and worthily magnify your holy name;

through Christ our Lord.

Amen.

THE COLLECT OF THE DAY

SIT/KNEEL

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

THE PROCLAMATION OF THE WORD

LESSON Psalm 107:23-30; 35:19-25 *SIT*

9am: Maureen Roach

10:45am: Murray Thomson

Psalm 107:23-30

- ²³ Some went down to the sea in ships,
doing business on the great waters;
²⁴ they saw the deeds of the Lord,
his wondrous works in the deep.
²⁵ For he commanded and raised the stormy
wind,
which lifted up the waves of the sea.
²⁶ They mounted up to heaven; they went down
to the depths;
their courage melted away in their evil plight;
²⁷ they reeled and staggered as though drunk
and all their wisdom was swallowed up.
²⁸ Then they cried to the Lord in their trouble,
and he delivered them from their distress.
²⁹ He made the storm be still,
and the waves of the sea were hushed.
³⁰ Then they were glad that the waters were
quiet,
and he brought them to their desired haven.

Psalm 35:19-25

- ¹⁹ Let not those rejoice over me
who are wrongfully my foes,
and let not those wink the eye
who hate me without cause.
²⁰ For they do not speak peace,
but against those who are quiet in the land
they devise words of deceit.
²¹ They open wide their mouths against me;

Proclamation of the Word

We take time to quiet our minds and listen to the scriptures which we honour and value as God's word to us. We accept this as a gift and offer thanks to God in response.

The Proclamation of the Word has two distinct forms and functions: hearing the Word spoken to us as we listen to God's voice through the words of the scripture, and hearing God's word broken apart that we might delve deeper into its meaning and be exhorted to not just hear the Word but to live it as well.

Scripture quotations are adapted from the ESV[®] Bible (The Holy Bible, English Standard Version[®]), copyright © 2001 by Crossway.

they say, “Aha, Aha!
Our eyes have seen it!”

²² You have seen, O Lord; be not silent!
O Lord, be not far from me!

²³ Awake and rouse yourself for my vindication,
for my cause, my God and my Lord!

²⁴ Vindicate me, O Lord, my God,
according to your righteousness,
and let them not rejoice over me!

²⁵ Let them not say in their hearts,
“Aha, our heart's desire!”

Let them not say, “We have swallowed him up.”

The Word of the Lord.

Thanks be to God.

The Gospel

The Gospel is God's word that speaks to us of what God has done in Jesus Christ. The Gospel demands that we act and standing up is a way to recognize that we are ready not just to hear but live as well.

GOSPEL

Luke 8:22-25

SIT

9am: Cliff Roach

10:45am: Kat Kennedy

The Lord be with you.

And also with you.

The Holy Gospel of our Lord Jesus Christ according to Luke.

Glory to you, Lord Jesus Christ.

²² One day [Jesus] got into a boat with his disciples, and he said to them, “Let us go across to the other side of the lake.” So they set out,
²³ and as they sailed he fell asleep. And a windstorm came down on the lake, and they were filling with water and were in danger. ²⁴ And they went and woke him, saying, “Master, Master, we are perishing!” And he awoke and rebuked the wind and the raging waves, and they ceased, and there was a calm. ²⁵ He said to them, “Where is your faith?” And they were afraid, and they

marveled, saying to one another, “Who then is this, that he commands even winds and water, and they obey him?”

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

SERMON

STAND for prayer, then **SIT**

“Who Then is This?”

The Rev. Orvin Lao

Community Connections Pastor

Sermon Series: *Luke: Signs of Kingdom Growth*

REFLECTION

CONFESSION OF FAITH

STAND

Do you believe and trust in God the Father?

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

Do you believe and trust in his Son Jesus Christ?

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father; through him all things were made.

Do you believe and trust in the saving work of Jesus Christ?

For us and for our salvation he came down from heaven, was incarnate by the Holy Spirit of the Virgin Mary and was made man. For our sake he was crucified under Pontius Pilate;

Sermon

As we open the Scripture, we corporately encounter Christ. As you listen, pray to be open to the Spirit's leading, exhortation, encouragement and healing.

If you miss a sermon or want to listen again or share with others, podcasts along with small group discussion questions are on our website: www.littletrinity.org and they are also available on Google Play and iTunes.

Confession of Faith

Standing together with Christians throughout the centuries and throughout the world today, we affirm our faith by saying these ancient words together. Alternating between the Apostle's Creed and the Nicene Creed, together we acknowledge the historical truths of our faith, passed down throughout the ages.

he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

Do you believe and trust in the Holy Spirit?

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshipped and glorified, who has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

Prayers of the People

The prayers of the people are the response of the community to the proclamation of the word. They are a moment when the gathered community exercises its baptismal role.

Baptized into Christ, and made one in his body, we pray with Christ, who constantly prays for us and for all of creation (Hebrews 7:25). Together we pray for our church, our city and our world.

PRAYERS OF THE PEOPLE

SIT/KNEEL

Lord, in your mercy,
Hear our prayer.

WEEKLY CYCLE OF PRAYER

MINISTRIES OF THE WIDER CHURCH

WORLDWIDE: The Church in Brazil

DIOCESE: St. Francis of Assisi, St. George Memorial, Oshawa,
& St. George on Yonge

CLERICUS: Church of St. Paul, Bloor Street

NEIGHBOURHOOD

Those living and working on Ontario Street & Berkeley Street

LITTLE TRINITY COMMUNITY AND LEADERS

20's/30's Group - Silas Friesen, Mary Kate Looby, Matthias Schilke,
Rachel MacEwan

PARISH

Ben Humphries & Rejosh Samuel; David & Denise Hutchinson, Benjamin &
Zachary; Willy & Maria Iraheta, Elena; Sharon Jacob; Andrea & Jeff Jackson,
Anna & David

MISSION PARTNERS

Dr. Steve & Peggy Foster (SIM) Lubango, Angola

OFFERTORY WORSHIP

OFFERTORY

*In our offertory, we offer our praise and thanksgiving and the gifts of
bread and wine to the glory of God.*

*If you wish to financially support the ongoing gospel ministry of Little
Trinity, you can scan the QR code attached to a pew for options or visit
our website at littletrinity.org/give.*

*If you wish to give in person, please deposit your offering in the offering
boxes in the church sanctuary.*

THE PRAYER OVER THE GIFTS

Gracious God, all things come from you and you teach us to be generous with what we have. We pray that our gifts may be wisely used for the ministry of the gospel and the relief of those in need for the glory of our Lord Jesus Christ. Amen.

The Doxology

These words, penned in 1674 by Thomas Ken, anchor us in the reality that our only proper response to God is worship and praise.

THE DOXOLOGY

STAND

**Praise God from whom all blessings flow!
Praise Him all creatures here below!
Praise Him above ye heavenly host!
Praise Father, Son and Holy Ghost. Amen.**

Confession & Absolution

Not forgetting our nature as fallen human beings: on one hand, we fall short of what we should do and who we should be, on the other hand, we are reminded that God is loving and merciful, we recognize that we are sinners and he reaches out to us nonetheless; we are assured that God has looked upon us with mercy and we have been forgiven of our sins.

We say the confession together to illustrate we are all in need of God's mercy and forgiveness. Even if the person standing in front of you looks like they have it all together.

CONFESSION & ABSOLUTION

SIT/KNEEL

Dear friends in Christ,
God is steadfast in love and infinite in mercy;
he welcomes sinners and invites them to his table.
Let us confess our sins,
confident in God's forgiveness.

Most merciful God

**we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbours as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us,
that we may delight in your will,
and walk in your ways,
to the glory of your name. Amen.**

Almighty God have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in eternal life;
through Jesus Christ our Lord.

Amen.

COMMUNION

EUCCHARISTIC PRAYER

SIT/KNEEL

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

It is indeed right to thank you and praise you,
holy and gracious God,
creator of all things,
ruler of heaven and earth, sustainer of life,
for you are the source of all goodness,
rich in mercy and abounding in love;
you are faithful to your people in every generation,
and your word endures for ever.

Therefore with angels and archangels,
with the fellowship of saints
and the company of heaven,
we glorify your holy name,
evermore praising you and singing,

**Holy, holy, holy Lord,
God of power and might,
heaven and earth of your glory are full.
Hosanna hosanna hosanna in the highest.**

**Blessed is he who comes
in the name of the Lord. (repeat)**

Eucharistic Prayer

Modeled after Jewish table prayers of blessing, the Eucharistic Prayer, or the Great Thanksgiving, explores and explains something of the wonder of Jesus' death for us, as Paul wrote: "as often as you eat this bread and drink the cup, you proclaim the Lord's death until he comes."

The prayer contains the words Jesus used during the Last Supper. As we hear these words and go forward together, we feed on him, in our hearts, by faith, with thanksgiving.

The table is prepared while the prayer is spoken, much as we prepare ourselves to receive the Eucharist.

Holy, holy, holy Lord...

The Sanctus (*Holy, holy, holy Lord*) names that which is sacred, holy, hallowed, consecrated and inviolable: "Lord, God of power and Might".

We praise you, merciful Father,
not as we ought, but as we are able,
because in your tender love
you gave the world your only Son,
in order that the world might be saved through him.
He made you known by taking the form of a servant,
healing the sick, liberating the oppressed,
reaching out to the lost.
Betrayed, reviled, and nailed to the cross,
he confronted the power of sin
and disarmed it for ever.
In his offering of himself,
he became the perfect and sufficient sacrifice
for the sins of the whole world.
Redeemed by Christ,
we have been adopted as your children;
by your pardon
you have made us worthy to praise you.

On the night he was betrayed,
Jesus, at supper with his friends,
took bread, gave you thanks, broke the bread,
gave it to them, and said, "Take and eat:
this is my body which is given for you.
Do this for the remembrance of me."

After supper he took the cup of wine,
and when he had given thanks,
he gave it to them,
and said, "Drink this all of you:
this is my blood of the new covenant
which is shed for you and for many
for the forgiveness of sins.
Whenever you drink it,
do this for the remembrance of me."

In obedience to him and with grateful hearts
we approach your holy table,
remembering our Saviour's sacrifice,
and rejoicing in his victory.
Confident in his sovereign purpose,
we declare our faith.

**Christ has died,
Christ is risen,
Christ will come again.**

Send your Holy Spirit on us
that as we receive this bread and this cup
we may partake of the body and blood
of our Lord Jesus Christ,
and feed on him in our hearts
by faith with thanksgiving.

May we be renewed in his risen life, filled with love,
and strengthened in our will to serve others;
and make of our lives, we pray,
a pure and holy sacrifice, acceptable to you,
knitting us together as one in your Son Jesus Christ,
to whom, with you and the Holy Spirit,
be all honour and glory, now and forever. **Amen.**

THE LORD'S PRAYER

Let us pray,

Our Father who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever. Amen.

THE BREAKING OF THE BREAD

"I am the bread of life," says the Lord.
"Whoever comes to me will never be hungry;
whoever believes in me will never thirst."

**Taste and see that the Lord is good;
happy are they who trust in him!**

The gifts of God for the people of God.

Thanks be to God.

The Lord's Prayer

the Lord's Prayer is the prayer instituted by Jesus himself (Matthew 6; Luke 11). This prayer has been handed down from generation to generation, teaching us to pray.

COMMUNION

All those who have placed their trust in Jesus as Saviour and Lord, being baptized in any Christian denomination, are welcome to the Lord's table. Gluten-free wafers are available upon request from the communion administrant.

Prayers After Communion

God gets the last word in our service. First, he blesses us, and then he sends us out into the world, to live a life that reflects his love, mercy and truth.

We have been given the rest and nourishment we need to sustain our own lives, and we have been given the gifts we need to go out and Serve our World in the name of Jesus.

PRAYERS AFTER COMMUNION *STAND*

Eternal God,
we have received a token of your promise.
May we who have been nourished by holy things
live as faithful heirs of your promised kingdom,
in the name of Jesus Christ our Lord. **Amen.**

Glory to God,
whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.

THE BLESSING

The peace of God which passes all understanding,
keep your hearts and minds in the knowledge and
love of God, and of his Son Jesus Christ our Lord:
And the blessing of God almighty, the Father, the
Son and the Holy Spirit be among you and remain
with you always.
Amen.

ANNOUNCEMENTS

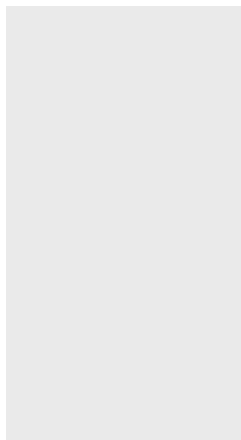
CLOSING WORSHIP

STAND

THE DISMISSAL

Go in peace to love and serve the Lord.

Thanks be to God.



NEXT SUNDAY, MAY 12, 2024

9am & 10:45am - BCP Worship Services

(with concurrent Children's Ministry & Youth Ministry)

6:30pm Lamplighters Worship & Communion Service

Reading: Luke 8:26-39

GET IN TOUCH

LITTLE TRINITY

416-367-0272 | 425 King St E, Toronto ON M5A 1L3

Administrator Office hours: M-Th 9:30-3pm admin@littletrinity.org

Prayer Chain: prayerchain@littletrinity.org Ext. 251

The Rev. Canon Timothy Haughton, Senior Pastor taughton@littletrinity.org Ext. 228

The Rev. Orvin Lao, Community Connections Pastor olao@littletrinity.org Ext. 223

The Rev. Karen Koiter, Justice Animator kkoiter@littletrinity.org Ext 236

James Beck, Lay Pastoral Associate pastoralcare@littletrinity.org Ext. 225

www.littletrinity.org |



Little Trinity Church |



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