

SINCE 1842



Sunday, Sept 29, 2024

Little Trinity Community Commitment Service 9:00am & 10:45am

Welcome to Little T!

A Liturgical Style of Worship

This booklet will hopefully help make you feel more comfortable, especially if this is new to you.

Liturgical worship simply means we follow a particular order of service that is grounded in liturgy or "the work of the people". We use a liturgical form of service for our gatherings because we are not putting on a show for people to watch. Rather, the liturgy walks us through the wonderful story of Jesus Christ in a sequence that brings home the good news of God's grace to us. Each week we are brought back to the strange and amazing story of God with us. Today, our service is from the Book of Alternative Services (BAS) developed in 1985.

If this is new to you please join in only when you are comfortable. You'll get the hang of it after a few goes. Look out for **STAND** and **SIT** and **SIT/KNEEL** (whichever is your preference) instructions or just follow what your neighbour is doing (assuming they have been here before). In general, we stand to praise, sit to learn and sit/kneel to pray. **Bold** print directs you to join in unison.

CHILDREN

Contact Janelle Gordon for information (children@littletrinity.org) or go to littletrinitychildren.org

YOUTH

Contact Morgan Chu for information (youth@littletrinity.org)

MORNING SERVICE

WELCOME

MUSICAL WORSHIP

STAND

OPENING PRAYERS

SIT/KNEEL

The grace of our Lord Jesus Christ and the love of God, and the fellowship of the Holy Spirit, be with you all.

And also with you.

Almighty God,
to you all hearts are open,
all desires known,
and from you no secrets are hidden.
Cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord.
Amen.

THE COLLECT OF THE DAY

SIT/KNEEL

O God, from whose abundance all gifts are lavishly bestowed: give us courage to use your gifts as generously as you have given them, so that, being faithful to your purpose, we may share in your glory; through Jesus Christ our Saviour. Amen.

Welcome One Another

Why do we do this?
"Welcome one another as
Christ has welcomed
you, for the glory of
God" (Romans 15:7) We
come from delightfully
diverse backgrounds yet
Christ draws us together!
Take a few moments to
welcome those around
you while we move up
and in to make space for
latecomers.

Musical Worship

Join in with our worship team as you feel led, sitting or standing as you are comfortable. The historic tradition uses music and song to direct ourselves towards God in praise and to direct our own hearts towards God's truth.

Opening Prayers

Worshipping God must begin with a heart prepared to enter into his presence. The Collect is a prayer that collects the intentions of our service; each Sunday there is a different collect paired with the readings and sermon message.

Proclamation of the Word

We take time to quiet our minds and listen to the scriptures which we honour and value as God's word to us. We accept this as a gift and offer thanks to God in response.

The Proclamation of the Word has two distinct forms and functions: hearing the Word spoken to us as we listen to God's voice through the words of the scripture, and hearing God's word broken apart that we might delve deeper into its meaning and be exhorted to not just hear the Word but to live it as well.

Scripture quotations are adapted from the ESV® Bible (The Holy Bible, English Standard Version®), copyright © 2001 by Crossway.

THE PROCLAMATION OF THE WORD

LESSON 1 Corinthians 12 SIT

9am: Asher Lai

10:45am: Peter Kennedy

¹ Now concerning spiritual gifts, brothers and sisters, I do not want you to be uninformed.

² You know that when you were pagans you were led astray to mute idols, however you were led.

- ³ Therefore I want you to understand that no one speaking in the Spirit of God ever says "Jesus is accursed!" and no one can say "Jesus is Lord" except in the Holy Spirit.
- ⁴ Now there are varieties of gifts, but the same Spirit; ⁵ and there are varieties of service, but the same Lord; ⁶ and there are varieties of activities, but it is the same God who empowers them all in everyone. ⁷ To each is given the manifestation of the Spirit for the common good. 8 For to one is given through the Spirit the utterance of wisdom, and to another the utterance of knowledge according to the same Spirit, 9 to another faith by the same Spirit, to another gifts of healing by the one Spirit, ¹⁰ to another the working of miracles, to another prophecy, to another the ability to distinguish between spirits, to another various kinds of tongues, to another the interpretation of tongues. 11 All these are empowered by one and the same Spirit, who apportions to each one individually as he wills.
- ¹² For just as the body is one and has many members, and all the members of the body, though many, are one body, so it is with Christ. ¹³ For in one Spirit we were all baptized into one body—Jews or Greeks, slaves or free—and all were made to drink of one Spirit.

¹⁴ For the body does not consist of one member but of many. ¹⁵ If the foot should say, "Because I am not a hand, I do not belong to the body," that would not make it any less a part of the body. ¹⁶ And if the ear should say, "Because I am not an eye, I do not belong to the body," that would not make it any less a part of the body. ¹⁷ If the whole body were an eye, where would be the sense of hearing? If the whole body were an ear, where would be the sense of smell? ¹⁸ But as it is, God arranged the members in the body, each one of them, as he chose. ¹⁹ If all were a single member, where would the body be? ²⁰ As it is, there are many parts, yet one body.

²¹ The eye cannot say to the hand, "I have no need of you," nor again the head to the feet, "I have no need of you." ²² On the contrary, the parts of the body that seem to be weaker are indispensable, ²³ and on those parts of the body that we think less honourable we bestow the greater honour, and our unpresentable parts are treated with greater modesty, ²⁴ which our more presentable parts do not require. But God has so composed the body, giving greater honour to the part that lacked it, ²⁵ that there may be no division in the body, but that the members may have the same care for one another. ²⁶ If one member suffers, all suffer together; if one member is honoured, all rejoice together.

Now you are the body of Christ and individually members of it.
And God has appointed in the church first apostles, second prophets, third teachers, then miracles, then gifts of healing, helping, administrating, and various kinds of tongues. Are all apostles? Are all prophets? Are all teachers? Do all work miracles? Do all possess gifts of healing? Do all speak with tongues? Do all interpret? But earnestly desire the higher gifts.

And I will show you a still more excellent way.

The Word of the Lord

Thanks be to God.

The Gospel

The Gospel is God's word that speaks to us of what God has done in Jesus Christ. The Gospel demands that we act and standing up is a way to recognize that we are ready not just to hear but live as well.

GOSPEL Matthew 9:35-10:1, 5-8 **STAND**

9am: Alison Chapman 10:45am: Bonnie Moore

The Lord be with you.

And also with you.

The Holy Gospel of our Lord Jesus Christ according to Matthew.

Glory to you, Lord Jesus Christ.

- ³⁵ And Jesus went throughout all the cities and villages, teaching in their synagogues and proclaiming the gospel of the kingdom and healing every disease and every affliction.

 ³⁶ When he saw the crowds, he had compassion for them, because they were harassed and helpless, like sheep without a shepherd. ³⁷ Then he said to his disciples, "The harvest is plentiful, but the labourers are few; ³⁸ therefore pray earnestly to the Lord of the harvest to send out labourers into his harvest."
- 10 ¹And he called to him his twelve disciples and gave them authority over unclean spirits, to cast them out, and to heal every disease and every affliction. [...]
- ⁵ These twelve Jesus sent out, instructing them, "Go nowhere among the Gentiles and enter no town of the Samaritans, ⁶ but go rather to the lost sheep of the house of Israel. ⁷ And proclaim as you go, saying, 'The kingdom of heaven is at hand.' ⁸ Heal the sick, raise the dead, cleanse lepers, cast out demons. You received without paying; give without pay."

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

SERMON

STAND for prayer, then SIT

"Given Everything We Need"

The Rev. Canon Timothy Haughton

Senior Pastor

Sermon Series: Love God, Grow Together, Serve our

World

REFLECTION

PRAYERS OF THE PEOPLE

SIT/KNEEL

Lord, in your mercy, **Hear our prayer.**

Sermon

As we open the Scripture, we corporately encounter Christ. As you listen, pray to be open to the Spirit's leading, exhortation, encouragement and healing.

If you miss a sermon or want to listen again or share with others, podcasts along with small group discussion questions are on our website: www.littletrinity.org and they are also available on Google Play and iTunes.

Prayers of the People

The prayers of the people are the response of the community to the proclamation of the word. They are a moment when the gathered community exercises its baptismal role.

WEEKLY CYCLE OF PRAYER

MINISTRIES OF THE WIDER CHURCH

WORLDWIDE: The Church in Pakistan DIOCESE: St. Peter, Cobourg, St. Peter, Erindale

& St. Peter, Oshawa

CLERICUS: All Saints Church-Community Centre

NEIGHBOURHOOD

Those living and working on Eastern Avenue & Trolley Crescent

LITTLE TRINITY COMMUNITY AND LEADERS

Rector's Warden - Jenn van Gent; Deputy Rector's Warden - Jason Chapman

PARISH

Jenn Shadbolt; Hanne & John Simoes; Blair & Louise Sinclair; Jessica & Alex Sinclair, Henry & Hazel; Mike & Louanne Smalley; Jackie Smith

MISSION PARTNERS

McDaniel & Blossom Phillips (TWR) London, Ontario

Baptized into Christ, and made one in his body, we pray with Christ, who constantly prays for us and for all of creation (Hebrews 7:25). Together we pray for our church, our city and our world.

OFFERTORY WORSHIP

OFFERTORY

In our offertory, we offer our praise and thanksgiving and the gifts of bread and wine to the glory of God.

If you wish to financially support the ongoing gospel ministry of Little Trinity, you can scan the QR code attached to a pew for options or visit our website at littletrinity.org/give.

If you wish to give in person, please deposit your offering in the offering boxes in the church sanctuary.

THE PRAYER OVER THE GIFTS

Gracious God, all things come from you and you teach us to be generous with what we have. We pray that our gifts may be wisely used for the ministry of the gospel and the relief of those in need for the glory of our Lord Jesus Christ. Amen.

The Doxology

These words, penned in 1674 by Thomas Ken, anchor us in the reality that our only proper response to God is worship and praise.

THE DOXOLOGY

STAND

Praise God from whom all blessings flow!
Praise Him all creatures here below!
Praise Him above ye heavenly host!
Praise Father, Son and Holy Ghost. Amen.

CONFESSION OF FAITH

STAND

Do you believe in God the Father? I believe in God, the Father Almighty

creator of heaven and earth.

Do vou believe in Jesus Christ, the Son of God?

I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.

Do you believe in God the Holy Spirit?

I believe in God the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

LITTLE TRINITY COMMUNITY COMMITMENT & LITURGY

Leader: Will you commit to the regular public gathering of Little Trinity Church to worship God in the Name of Jesus Christ?

All: I will, with God's help.

Leader: Will you commit to deepening & growing in your life of Christian faith, through the practice of spiritual disciplines such as studying and meditating on holy Scripture; prayer; partaking of holy communion; fasting; fellowship; Sabbath; and other disciplines?

All: I will, with God's help.

Confession of Faith

Standing together with Christians throughout the centuries and throughout the world today, we affirm our faith by saying these ancient words together. This is the Apostle's Creed where we acknowledge the historical truths of our faith, passed down throughout the ages.

Anglican Rule of Life

At Little Trinity Church, we turn to the Anglican Rule of Life from the Book of Common Prayer on pg. 555 to guide us in who we are called to be as a community of followers of Jesus Christ: "Every Christian should from time-to-time frame for themselves a RULE OF LIFE in accordance with the precepts of the Gospel and the faith and order of the Church; wherein they may consider the following: The regularity of attendance at public worship and especially at the holy Communion. The practice of private prayer, Bible-reading, and self-discipline. Bringing the teaching and example of Christ into their everyday life. The boldness of spoken witness to their faith in Christ.

Their personal service to the Church and the community.

The offering of money according to their means for the support of the work of the Church at home and overseas." At Little Trinity Church, we distilled this same Anglican Rule of Life into three phrases: Love God, Grow Together, and Serve our World.

Leader: Will you commit to offering the gifts the Holy Spirit has given you to serve in this church and in the places and relationships He has called you to be the salt and light of the world?

All: I will, with God's help.

Leader: Will you commit to stewarding your time, talents, and treasures for the work of the Gospel both locally and abroad?

All: I will, with God's help.

Leader: Will you commit to the spoken witness of the Gospel, showing and telling the good news of the kingdom of heaven on earth, and to make Jesus known and to draw others to know Jesus?

All: I will, with God's help.

Leader: Will you join and uphold each other as community members to faithfully live out our mutual commitment to Love God, Grow Together and Serve our World?

All: We will, with God's help.

Confession & Absolution

Not forgetting our nature as fallen human beings: on one hand, we fall short of what we should do and who we should be, on the other hand, we are reminded that God is loving and merciful, we recognize that we are sinners and he reaches out to us nonetheless; we are assured that God has looked upon us with mercy and we have been forgiven of our sins. We say the confession together to illustrate we are all in need of God's mercy and forgiveness. Even if the person standing in front of you looks like they have it all together.

CONFESSION & ABSOLUTION SIT/KNEEL

Dear friends in Christ,

God is steadfast in love and infinite in mercy; he welcomes sinners and invites them to his table. Let us confess our sins, confident in God's forgiveness.

Most merciful God

we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves.

We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord.

Amen.

The peace of the Lord be always with you; **And also with you.**

COMMUNION

EUCHARISTIC PRAYER

SIT/KNEEL

The Lord be with you. **And also with you.**

And also with you

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God. It is right to give our thanks and praise.

It is indeed right to thank you and praise you, holy and gracious God, creator of all things, ruler of heaven and earth, sustainer of life, for you are the source of all goodness, rich in mercy and abounding in love; you are faithful to your people in every generation, and your word endures for ever.

Eucharistic Prayer

Modeled after Jewish table prayers of blessing, the Eucharistic Prayer, or the Great Thanksgiving, explores and explains something of the wonder of Jesus' death for us, as Paul wrote: "as often as you eat this bread and drink the cup, you proclaim the Lord's death until he comes."

The prayer contains the words Jesus used during the Last Supper. As we hear these words and go forward together, we feed on him, in our hearts, by faith, with thanksgiving.

The table is prepared while the prayer is spoken, much as we prepare ourselves to receive the Eucharist.

Therefore with angels and archangels, with the fellowship of saints and the company of heaven, we glorify your holy name, evermore praising you and singing,

Holy, holy, holy Lord...
The Sanctus (Holy, holy, holy, holy Lord) names that which is sacred, holy, hallowed, consecrated and inviolable: "Lord, God of power and Might".

Holy, holy, holy Lord, God of power and might, heaven and earth of your glory are full. Hosanna hosanna hosanna in the highest.

Blessed is he who comes in the name of the Lord. (repeat)

We praise you, merciful Father, not as we ought, but as we are able, because in your tender love you gave the world your only Son, in order that the world might be saved through him. He made you known by taking the form of a servant, healing the sick, liberating the oppressed, reaching out to the lost. Betrayed, reviled, and nailed to the cross, he confronted the power of sin and disarmed it for ever. In his offering of himself, he became the perfect and sufficient sacrifice for the sins of the whole world Redeemed by Christ, we have been adopted as your children; by your pardon you have made us worthy to praise you.

On the night he was betrayed, Jesus, at supper with his friends, took bread, gave you thanks, broke the bread, gave it to them, and said, "Take and eat: this is my body which is given for you. Do this for the remembrance of me." After supper he took the cup of wine, and when he had given thanks, he gave it to them, and said, "Drink this all of you: this is my blood of the new covenant which is shed for you and for many for the forgiveness of sins.

Whenever you drink it, do this for the remembrance of me."

In obedience to him and with grateful hearts we approach your holy table, remembering our Saviour's sacrifice, and rejoicing in his victory.

Confident in his sovereign purpose, we declare our faith.

Christ has died, Christ is risen, Christ will come again.

Send your Holy Spirit on us that as we receive this bread and this cup we may partake of the body and blood of our Lord Jesus Christ, and feed on him in our hearts by faith with thanksgiving.

May we be renewed in his risen life, filled with love, and strengthened in our will to serve others; and make of our lives, we pray, a pure and holy sacrifice, acceptable to you, knitting us together as one in your Son Jesus Christ, to whom, with you and the Holy Spirit, be all honour and glory, now and forever.

Amen.

The Lord's Prayer

the Lord's Prayer is the prayer instituted by Jesus himself (Matthew 6; Luke 11). This prayer has been handed down from generation to generation, teaching us to pray.

THE LORD'S PRAYER

Let us pray,

Our Father who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever. Amen.

THE BREAKING OF THE BREAD

"I am the bread of life," says the Lord.
"Whoever comes to me will never be hungry;
whoever believes in me will never thirst."

Taste and see that the Lord is good; happy are they who trust in him!

The gifts of God for the people of God. **Thanks be to God.**

COMMUNION

All those who have placed their trust in Jesus as Saviour and Lord, being baptized in any Christian denomination, are welcome to the Lord's table. Gluten-free wafers are available upon request from the communion administrant.

PRAYERS AFTER COMMUNION STAND

Eternal God,

we have received a token of your promise. May we who have been nourished by holy things live as faithful heirs of your promised kingdom, in the name of Jesus Christ our Lord.

Amen.

Glory to God,

whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.

THE BLESSING

The peace of God which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the blessing of God almighty, the Father, the Son and the Holy Spirit be among you and remain with you always. **Amen.**

ANNOUNCEMENTS

CLOSING WORSHIP

STAND

THE DISMISSAL

Go in peace to love and serve the Lord.

Thanks be to God.

†

Prayers After Communion

God gets the last word in our service. First, he blesses us, and then he sends us out into the world, to live a life that reflects his love, mercy and truth.

We have been given the rest and nourishment we need to sustain our own lives, and we have been given the gifts we need to go out and Serve our World in the name of Jesus.

NEXT SUNDAY, OCT 6, 2024

9am & 10:45am - BAS Worship Services / Parish Retreat (Fair Havens) (with Nursery & Childcare 6 mos to 4 yrs) **6:30pm** Lamplighters Worship & Communion Service Readings: Romans 1:16-17; Matthew 10: 1-20

GET IN TOUCH



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Administrator Office hours: M-Th 9:30-3pm admin@littletrinity.org Prayer Chain: prayerchain@littletrinity.org Ext. 251 The Rev. Canon Timothy Haughton, Senior Pastor thaughton@littletrinity.org Ext. 228 The Rev. Karen Koiter, Justice Animator kkoiter@littletrinity.org Ext 236 James Beck, Lay Pastoral Associate pastoralcare@littletrinity.org Ext. 225



