July 27/25 "Peace" - Mark 4:35-41; Phil 4:4-9 (Small Group Questions)

- 1. Have you heard the concept of a non-anxious presence before? Have you been in any situations where it is important to have a non-anxious presence? Why?
- 2. Read the passage from Mark. How do you feel about Jesus being asleep in the boat while his disciples are afraid?
- 3. When Jesus wakes up, the disciples ask him, "Don't you care?" Have you had moments like that with God? As you feel comfortable, share them with the group.
- 4. Read the passage from Philippians. How do you feel when you read Paul's description of a peace that passes understanding? Have you had a moment where you have really felt this peace?
- 5. Before Paul mentions anything about peace, he reminds his listeners that "The Lord is near." Why does this matter when it comes to peace?
- 6. Have there been moments in your life where you have been in a crisis and found Jesus near, or felt like he was asleep on a pillow? How did your faith change in those moments?