

# LITTLE TRINITY

SINCE 1842



Sunday, Jan 11, 2026

EPB Worship & Communion Service  
**9:00am & 10:45am**

# Welcome to Little T!

## A Liturgical Style of Worship

This booklet will hopefully help make you feel more comfortable, especially if this is new to you.

Liturgical worship simply means we follow a particular order of service that is grounded in liturgy or "the work of the people". We use a liturgical form of service for our gatherings because we are not putting on a show for people to watch. Rather, the liturgy walks us through the wonderful story of Jesus Christ in a sequence that brings home the good news of God's grace to us. Each week we are brought back to the strange and amazing story of God with us. Today, our service is from the **English Prayer Book - (EPB)** contemporized version of the original prayer book from when the Anglican Church began in the 1500's. The EPB is basically scripture, re-ordered.

If this is new to you please join in only where you are comfortable. You'll get the hang of it after a few goes. Look out for **STAND** and **SIT** and **SIT/KNEEL** (whichever is your preference) instructions or just follow what your neighbour is doing (assuming they have been here before). In general, we stand to praise, sit to learn and sit/kneel to pray. **Bold** print directs you to join in unison.

### CHILDREN

Contact: Janelle Gordon for details  
([children@littletrinity.org](mailto:children@littletrinity.org))

### YOUTH

Contact: Morgan Chu for details  
([youth@littletrinity.org](mailto:youth@littletrinity.org))

## MORNING SERVICE

### WELCOME

### MUSICAL WORSHIP

### OPENING PRAYERS

**Almighty God,  
to whom all hearts are open,  
all desires known,  
and from whom no secrets are hidden,  
cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name,  
through Jesus Christ our Lord. Amen.**

### THE GREAT COMMANDMENTS

Our Lord Jesus Christ said: Hear O Israel, the Lord our God is one Lord. You shall love the Lord your God with all your heart, and with all your soul, and with all your mind, and with all your strength. This is the first and great commandment. And the second is like it: you shall love your neighbour as yourself. On these two commandments hang all the Law and the Prophets.

**Lord, have mercy upon us, and write all these  
your laws in our hearts.**

Lord, have mercy upon us.

**Christ, have mercy upon us.**

Lord, have mercy upon us.

The Lord be with you;

**And also with you.**

Let us pray.

### STAND

### SIT/KNEEL

#### Welcome One Another

Why do we do this?  
"Welcome one another as Christ has welcomed you, for the glory of God" (Romans 15:7) We come from delightfully diverse backgrounds yet Christ draws us together! Take a few moments to welcome those around you while we move up and in to make space for latecomers.

#### Musical Worship

Join in with our worship team as you feel led, sitting or standing as you are comfortable. The historic tradition uses music and song to direct ourselves towards God in praise and to direct our own hearts towards God's truth.

#### Opening Prayers

Worshipping God must begin with a heart prepared to enter into his presence. The Collect is a prayer that collects the intentions of our service; each Sunday there is a different collect paired with the readings and sermon message.

#### The Kyrie (Greek for Lord)

We worship God as Trinity, appealing first to the Lord, our Father, secondly to the Lord Christ and the third to the Lord, the Holy Spirit.

Then we recite the mutual greeting drawn from Ruth 2:4 when Boaz greets his reapers: *The Lord be with you. And with thy spirit.* We speak to each other under God's gaze.

**Almighty God, you wonderfully created and yet more wonderfully restored our human nature. May we share the divine life of your Son Jesus Christ, who humbled himself to share our humanity, and now lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.**

**Proclamation of the Word**

We take time to quiet our minds and listen to the scriptures which we honour and value as God's word to us. We accept this as a gift and offer thanks to God in response. The Proclamation of the Word has two distinct forms and functions: hearing the Word spoken to us as we listen to God's voice through the words of the scripture, and hearing God's word broken apart that we might delve deeper into its meaning and be exhorted to not just hear the Word but to live it as well.

Scripture quotations are adapted from the ESV® Bible (The Holy Bible, English Standard Version®), copyright © 2001. by Crossway.

**THE PROCLAMATION OF THE WORD SIT**

**LESSON Hebrews 1:1-4, 2:5-12,14-18**

9am Reader: Denise Hutchinson

10:45am Reader: Jeanette Howitt

<sup>1</sup> Long ago, at many times and in many ways, God spoke to our ancestors by the prophets, <sup>2</sup> but in these last days he has spoken to us by his Son, whom he appointed the heir of all things, through whom also he created the world. <sup>3</sup> He is the radiance of the glory of God and the exact imprint of his nature, and he upholds the universe by the word of his power. After making purification for sins, he sat down at the right hand of the Majesty on high, <sup>4</sup> having become as much superior to angels as the name he has inherited is more excellent than theirs. [...]

<sup>2</sup> <sup>5</sup> For it was not to angels that God subjected the world to come, of which we are speaking. <sup>6</sup> It has been testified somewhere,

“What are humans, that you are mindful of them,

or mortals, that you care for them?

<sup>7</sup> You made them for a little while lower than the angels;

you have crowned them with glory  
and honour,  
8 putting everything in subjection  
under their feet.”

Now in putting everything in subjection to them, God left nothing outside their control. At present, we do not yet see everything in subjection to them.<sup>9</sup> But we see him who for a little while was made lower than the angels, namely Jesus, crowned with glory and honour because of the suffering of death, so that by the grace of God he might taste death for everyone.

<sup>10</sup> For it was fitting that he, for whom and by whom all things exist, in bringing many to glory, should make the founder of their salvation perfect through suffering. <sup>11</sup> For he who sanctifies and those who are sanctified all have one source. That is why he is not ashamed to call them brothers and sisters,<sup>12</sup> saying,

“I will tell of your name to my brothers and sisters;  
in the midst of the congregation I will sing your praise.” [...]

<sup>14</sup> Since therefore the children share in flesh and blood, he himself likewise partook of the same things, that through death he might destroy the one who has the power of death, that is, the devil, <sup>15</sup> and deliver all those who through fear of death were subject to lifelong slavery. <sup>16</sup> For surely it is not angels that he helps, but he helps the offspring of Abraham. <sup>17</sup> Therefore he had to be made like his brothers and sisters in every respect, so that he might become a merciful and faithful high priest

in the service of God, to make propitiation for the sins of the people.<sup>18</sup> For because he himself has suffered when tempted, he is able to help those who are being tempted.

The Word of the Lord

**Thanks be to God.**

**The Gospel**

The Gospel is God's word that speaks to us of what God has done in Jesus Christ. The Gospel demands that we act and standing up is a way to recognize that we are ready not just to hear but live as well.

**GOSPEL**

**Matthew 17:1-8**

**STAND**

9am Reader: Alison Chapman

10:45am Reader: Matthias Schilke

The Lord be with you.

**And also with you.**

The Holy Gospel is written in the seventeenth chapter of the Gospel according to Saint Matthew beginning at the first verse.

**Glory be to you, O Christ.**

<sup>1</sup> And after six days Jesus took with him Peter and James, and John his brother, and led them up a high mountain by themselves. <sup>2</sup> And he was transfigured before them, and his face shone like the sun, and his clothes became white as light.

<sup>3</sup> And behold, there appeared to them Moses and Elijah, talking with him. <sup>4</sup> And Peter said to Jesus, “Lord, it is good that we are here. If you wish, I will make three tents here, one for you and one for Moses and one for Elijah.” <sup>5</sup> He was still speaking when, behold, a bright cloud overshadowed them, and a voice from the cloud said, “This is my beloved Son, with whom I am well pleased; listen to him.” <sup>6</sup> When the disciples heard this, they fell on their faces and were terrified. <sup>7</sup> But Jesus came and touched them, saying, “Rise, and have no

fear.”<sup>8</sup> And when they lifted up their eyes, they saw no one but Jesus only.

The Gospel of Christ  
**Praise be to you, O Christ.**

**SERMON**                    **STAND** for prayer, then **SIT**

“See what you have in Jesus!”

The Rev. Canon Timothy Haughton

Senior Pastor

*Sermon Series: Hebrews: Jesus Above All*

**REFLECTION**

**CONFession OF FAITH**

**STAND**

Do you believe in God the Father?

**I believe in God, the Father Almighty creator of heaven and earth.**

Do you believe in Jesus Christ, the Son of God?

**I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.**

Do you believe in God the Holy Spirit?

**I believe in God the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting.**

**Amen.**

**Sermon**

As we open the Scripture, we corporately encounter Christ. As you listen, pray to be open to the Spirit's leading, exhortation, encouragement and healing.

If you miss a sermon or want to listen again or share with others, podcasts along with small group discussion questions are on our website: [www.littletrinity.org](http://www.littletrinity.org) and they are also available on Google Play and iTunes.

**Confession of Faith**

Standing together with Christians throughout the centuries and throughout the world today, we affirm our faith by saying these ancient words together. This is the Apostle's Creed where we acknowledge the historical truths of our faith, passed down throughout the ages.

**Prayers of the People**

The prayers of the people are the response of the community to the proclamation of the word. They are a moment when the gathered community exercises its baptismal role.

**PRAYERS OF THE PEOPLE**

Lord, in your mercy,

**Hear our prayer.**

**SIT/KNEEL****WEEKLY CYCLE OF PRAYER****MINISTRIES OF THE WIDER CHURCH**

WORLDWIDE: The Church in Central America

DIOCESE: Christ Church-St. James, Christ Memorial Church, Oshawa & the Parish of Churchill and Cookstown

CLERICUS: Chaplain, Toronto General Hospital, University Health Network

**NEIGHBOURHOOD**

Those living and working on Eastern Avenue Diversion & Lawren Harris Square

**LITTLE TRINITY COMMUNITY AND LEADERS**

Facilities Manager/Sexton - Kelly McDonough

**PARISH**

Peter & Sara Austin, David; Nadine Djimbi Ayaba; Charissa & Chris Bagan, Lavinia, Emmeline; Anne & Tony Bain; John Barbour & Salina Sullivan

**MISSION PARTNERS**

Drs Philip & Nancy Wood, (WEC) Bunia, DR Congo

**SPECIAL PRAYER**

For God's blessing and grace to be on the attendees of Alpha this week as they discover who Jesus is

Baptized into Christ, and made one in his body, we pray with Christ, who constantly prays for us and for all of creation (Hebrews 7:25). Together we pray for our church, our city and our world.

**OFFERTORY WORSHIP****OFFERTORY**

*In our offertory, we offer our praise and thanksgiving and the gifts of bread and wine to the glory of God. If you wish to financially support the ongoing gospel ministry of Little Trinity, you can scan the QR code attached to a pew for options or visit our website at [littletrinity.org/give](http://littletrinity.org/give). If you wish to give in person, please deposit your offering in the offering boxes in the church sanctuary.*

## THE PRAYER OVER THE GIFTS

**Heavenly Father, thank you that we have these gifts to share. Help us to be generous in supporting the work of the gospel and caring for those in need, in the name of Jesus Christ our Lord. Amen.**

## THE DOXOLOGY

**STAND**

**Praise God from whom all blessings flow!  
Praise Him all creatures here below!  
Praise Him above ye heavenly host!  
Praise Father, Son and Holy Ghost. Amen.**

### **The Doxology**

These words, penned in 1674 by Thomas Ken, anchor us in the reality that our only proper response to God is worship and praise.

## CONFESsION & ABSOLUTION

**SIT/KNEEL**

You then, who truly and earnestly repent of your sins, and are in love and charity with your neighbours, and intend to lead the new life, following the commandments of God, and walking from this day forward in God's holy ways: draw near with faith, and take this holy sacrament to your comfort; and make your humble confession to almighty God.

**Almighty God, Father of our Lord Jesus Christ, maker of all things, judge of all, we acknowledge and confess our many sins, which we have committed, by thought, word and deed, against your divine majesty. We earnestly repent, and are truly sorry for all our misdoings. Have mercy on us, most merciful Father. For your Son our Lord Jesus Christ's sake, forgive us all that is past, and grant that from now on we may always serve and please you in lives wholly renewed by your Spirit, to the honour and glory of your name, through Jesus Christ our Lord. Amen.**

### **Confession & Absolution**

Not forgetting our nature as fallen human beings: on one hand, we fall short of what we should do and who we should be, on the other hand, we are reminded that God is loving and merciful, we recognize that we are sinners and he reaches out to us nonetheless; we are assured that God has looked upon us with mercy and we have been forgiven of our sins. We say the confession together to illustrate we are all in need of God's mercy and forgiveness. Even if the person standing in front of you looks like they have it all together.

Almighty God, our heavenly Father, who in his great mercy has promised forgiveness of sins to all who turn to him with heartfelt repentance and true faith: have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to eternal life, through Jesus Christ our Lord. **Amen.**

### **THE PEACE**

### **STAND**

The peace of the Lord be always with you;  
**And also with you.**

### **COMMUNION**

#### **The Comfortable Words**

The comfortable words, simply sentences from scripture, remind us that we cannot earn grace, we can only receive it through the work of Jesus on the cross.

Hear now these words of assurance for all who truly turn to Christ.

Jesus said: 'Come to me, all you who are weary and burdened, and I will give you rest'.

*(Matthew 11:28)*

'God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish, but have eternal life.'

*(John 3:16)*

The apostle Paul said: 'Here is a trustworthy saying that deserves full acceptance: Christ Jesus came into the world to save sinners'.

*(1 Timothy 1:15)*

The apostle John said: 'If anyone sins, we have an advocate with the Father, Jesus Christ the Righteous One. He is the atoning sacrifice for our sins.'

*(1 John 2:1-2)*

### **EUCARISTIC PRAYER**

The Lord be with you.  
**And with your spirit.**

Lift up your hearts;

**We lift them up to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give our thanks and praise.**

It is indeed right, our duty and our joy, always and everywhere to give you thanks and praise, holy Father, heavenly King, almighty and eternal God.

Therefore with angels and archangels, and with all the company of heaven, we praise and magnify your glorious name, forever praising you, and singing:

**Holy, holy, holy Lord, God of power and might,  
Heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is he who comes in the name of the  
Lord. Hosanna in the highest.**

**SIT/KNEEL**

Almighty God, our heavenly Father, in your tender mercy you gave your only Son Jesus Christ to suffer death upon the cross for our redemption. He made there, by his once and for all offering of himself, a full, perfect, and sufficient sacrifice for the sins of the whole world. He instituted, and in his holy gospel, commands us to continue a perpetual memorial of his precious death until he comes again. Hear us, O merciful Father, we humbly pray, and grant that we who receive this bread and wine according to your Son Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed body and blood.

On the night that Jesus was betrayed, he took bread and when he had given thanks, he broke it and gave it to his disciples, saying:

Take, eat this is my body which is given for you. Do this in remembrance of me.

**Eucharistic Prayer**

Modeled after Jewish table prayers of blessing, the Eucharistic Prayer explores and explains something of the wonder of Jesus' death for us, as Paul wrote: "as often as you eat this bread and drink the cup, you proclaim the Lord's death until he comes."

The prayer contains the words Jesus used during the Last Supper. As we hear these words and go forward together, we feed on him, in our hearts, by faith, with thanksgiving.

The table is prepared while the prayer is spoken, much as we prepare ourselves to receive the Eucharist.

**Holy, holy, holy Lord...**

The Sanctus (*Holy, holy, holy Lord*) names that which is sacred, holy, hallowed, consecrated and inviolable: "Lord, God of power and Might".

In the same way, after supper, Jesus took the cup and when he had given thanks, he gave it to them, saying:

Drink this, all of you; this is my blood of the new covenant which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.

Accept through Jesus Christ, our great high priest, this our sacrifice of praise and thanksgiving; and as we eat and drink these holy gifts, grant by the power of your life-giving Spirit that we may be made one in your holy Church and partakers of the body and blood of your Son, that he may dwell in us and we in him: Through the same Jesus Christ our Lord, by whom, and with whom, and in whom, in the unity of the Holy Spirit, **all honour and glory are yours, Almighty Father, for ever and ever.**  
**Amen.**

#### **The Prayer of Humble Access**

Before receiving communion, we remind ourselves of the true nature of God that though we have done nothing worthy of being received at the communion rail, we are welcome to receive his body and blood. This prayer reminds us how to receive this gift: in humility. The language of the prayer is taken from the Canaanite woman's humble approach to Jesus in Mark 7.

**We do not presume to come to this your table, merciful Lord, trusting in our own righteousness, but in your abundant and great mercies. We are not even worthy to gather up the crumbs under your table. But you are the same Lord who delights in showing mercy. Grant us, therefore, gracious Lord, so to eat this bread and to drink this wine, that our bodies and souls may be cleansed by Christ's body and blood, and that we may evermore dwell in him, and he in us.**  
**Amen.**

#### **COMMUNION**

*All those who have placed their trust in Jesus as Saviour and Lord, are welcome to the Lord's table. Gluten-free wafers are available upon request from the communion administrant.*

## MUSICAL WORSHIP

### THE LORD'S PRAYER

### **STAND**

Let us pray,

**Our Father who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever. Amen.**

#### **The Lord's Prayer**

the Lord's Prayer is the prayer instituted by Jesus himself (Matthew 6; Luke 11). This prayer has been handed down from generation to generation, teaching us to pray

### PRAYERS AFTER COMMUNION

Almighty and everliving God, we thank you with all our hearts for feeding us with the spiritual food of the most precious body and blood of your Son, our Saviour Jesus Christ. We acknowledge your love and care for us in making us members of his mystical body, the blessed company of all faithful people, and heirs of eternal life.

**And here we offer and present ourselves, our souls and bodies, to be a holy and living sacrifice, through Jesus Christ our Lord, to whom with you and the Holy Spirit be all honour and glory, world without end. Amen.**

#### **Prayers After Communion**

God gets the last word in our service. First, he blesses us, and then he sends us out into the world, to live a life that reflects his love, mercy and truth.

We have been given the rest and nourishment we need to sustain our own lives, and we have been given the gifts we need to go out and Serve our World in the name of Jesus.

### THE BLESSING

The peace of God which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the blessing of God almighty, the Father, the Son and the Holy Spirit be among you and remain with you always.

**Amen.**

## MARKET MOMENT

## ANNOUNCEMENTS

## CLOSING WORSHIP

***STAND***

## THE DISMISSAL

Go in peace to love and serve the Lord.

**Thanks be to God.**



## SERMON NOTES

**NEXT SUNDAY, JAN 18, 2026**

**9am & 10:45am** - BAS Worship Services

(With concurrent Children & Youth Ministry - Ages 0-Gr. 8)

**6:30pm** - Lamplighters Worship & Communion Service

Reading: Hebrews 3:1-14

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**GET IN TOUCH**

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**LITTLE TRINITY**

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Ministers: The entire Congregation

[www.littletrinity.org](http://www.littletrinity.org) |



Little Trinity Church



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