
LITTLE TRINITY

SINCE 1842



Sunday, Jan 25, 2026

Lamplighters Worship &
Communion Service

6:30pm

WELCOME**WORSHIP IN SONG****OPENING PRAYER****READINGS****Hebrews 4:1-13**

¹ Therefore, while the promise of entering his rest still stands, let us fear lest any of you should seem to have failed to reach it. ² For good news came to us just as to them, but the message they heard did not benefit them, because they were not united by faith with those who listened. ³ For we who have believed enter that rest, as he has said,

“As I swore in my wrath,
‘They shall not enter my rest,’”

although his works were finished from the foundation of the world. ⁴ For he has somewhere spoken of the seventh day in this way: “And God rested on the seventh day from all his works.” ⁵ And again in this passage he said,

“They shall not enter my rest.”

⁶ Since therefore it remains for some to enter it, and those who formerly received the good news failed to enter because of disobedience, ⁷ again he appoints a certain day, “Today,” saying through David so long afterward, in the words already quoted,

“Today, if you hear his voice,
do not harden your hearts.”

⁸ For if Joshua had given them rest, God would not have spoken of another day later on. ⁹ So then, there remains a Sabbath rest for the people of God, ¹⁰ for whoever has entered God’s rest has also rested from his works as God did from his.

¹¹ Let us therefore strive to enter that rest, so that no one may fall by the same sort of disobedience. ¹² For the word of God is living and active, sharper than any two-edged sword, piercing to the division of soul and of spirit, of joints and of marrow, and discerning the thoughts and intentions of the heart. ¹³ And no creature is hidden from his sight, but all are naked and exposed to the eyes of him to whom we must give account.

Matthew 11:25-30

²⁵ At that time Jesus declared, "I thank you, Father, Lord of heaven and earth, that you have hidden these things from the wise and understanding and revealed them to little children; ²⁶ yes, Father, for such was your gracious will. ²⁷ All things have been handed over to me by my Father, and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him. ²⁸ Come to me, all who labour and are heavy laden, and I will give you rest. ²⁹ Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. ³⁰ For my yoke is easy, and my burden is light."

The Word of the Lord
Thanks be to God.

SERMON

"A Better Rest for the Weary"

Andrew Stuart

Sermon Series: *Hebrews: Jesus Above All*

REFLECTION

CREED

Do you believe in God the Father?

I believe in God, the Father Almighty, creator of heaven and earth.

Do you believe in Jesus Christ, the Son of God?

I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died and was buried. He descended to the dead. On the third day he rose again.

He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.

Do you believe in God the Holy Spirit?

I believe in God the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

OFFERTORY

In our offertory, we offer our praise and thanksgiving and the gifts of bread and wine to the glory of God.

If you wish to financially support the ongoing gospel ministry of Little Trinity, you can scan the QR code attached to a pew for options or visit our website at littletrinity.org/give.

If you wish to give in person, please deposit your offering in the offering boxes in the church sanctuary.

OFFERTORY WORSHIP

PRAYERS

CONFESSION & ABSOLUTION

Almighty God, Father of our Lord Jesus Christ, you made all things, and you call everyone to account. In sorrow, we confess the sins we have committed against you, in thought, word and deed. We turn from our sins and are truly sorry for them; they are a burden we cannot bear. Have mercy on us, most merciful Father. For the sake of your Son our Lord Jesus Christ, forgive us all that is past. Enable us to serve and please you in newness of life, to your honour and glory, through Jesus Christ our Lord. Amen.

Almighty God our heavenly Father; who has promised to forgive the sins of all who turn to him with repentance and faith, have mercy on us; pardon and deliver us from all our sins, strengthen us to do his will, and keep us in eternal life, through Jesus Christ our Lord. **Amen.**

The peace of the Lord be always with you;

And also with you.

COMMUNION PRAYER

The Lord is here. Lift up your hearts.

We lift them to the Lord.

Let us give thanks to God.

It is right to give thanks and praise.

It is indeed right, to give you, our Father, thanks and praise through Jesus.

For he is your living Word; through him you have created all things from the beginning, and formed us in your own image.

To you be glory and praise for ever.

Through him you have freed us from the slavery of sin, giving him to die upon the cross; raised from the dead, exalted to your right hand.

To you be glory and praise for ever.

Through him you have sent upon us your holy and life-giving Spirit, and made us a people for your own possession.

To you be glory and praise for ever.

In the same night that he was betrayed, Jesus took bread and gave you thanks; he broke it and gave it to his disciples, saying: Take, eat; this is my body which is given for you; do this in remembrance of me.

To you be glory and praise for ever.

In the same way, after supper he took the cup and gave you thanks; he gave it to them saying: Drink this all of you; this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.

To you be glory and praise for ever.

Accept our praises and grant that by the power of your Holy Spirit these gifts of bread and wine may be to us his body and his blood. As we eat and drink these holy gifts, inspire us with your love and unite us in the body of your Son, Jesus Christ our Lord.

To you be glory and praise for ever.

Amen.

THE LORD'S PRAYER

As our Saviour Christ has taught, we are bold to pray.

Our Father who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power and the glory, now and forever. Amen.

COMMUNION

All those who have placed their trust in Jesus as Saviour and Lord, being baptized in any Christian denomination, are welcome to the Lord's table. Gluten-free wafers are available upon request from the communion administrant.

PRAYER AFTER COMMUNION

Strengthen for service, Lord, the hands that have taken holy things; May the ears which have heard your word be deaf to clamour and dispute; May the tongues which have sung your praise be free from deceit; May the eyes which have seen the tokens of your love shine with the light of hope; And may the bodies which have been fed with your body be refreshed with the fullness of your life; Glory to you for ever. Amen.

BLESSING

The peace of God which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the blessing of God almighty, the Father, the Son and the Holy Spirit be among you and remain with you always. **Amen.**

ANNOUNCEMENTS

CLOSING WORSHIP

DISMISSAL

Go in peace to love and serve the Lord.

Thanks be to God.



WEEKLY CYCLE OF PRAYER

MINISTRIES OF THE WIDER CHURCH

WORLDWIDE: The Church in Chile

DIOCESE: Parish of Fenelon Falls, Parish of Georgina &
Grace Church-on-the-Hill

CLERICUS: Church of the Holy Trinity

NEIGHBOURHOOD

Those living and working on Trolley Crescent & Lower River Street

LITTLE TRINITY COMMUNITY AND LEADERS

Bookkeeper - David Saynor

PARISH

Kim Begg, Patricia & Sofia; Christena Beintema; Simone Binns; Joy Biswas,
Matthew Biswas, Mason & Cameron; Portia Biswas & Aidan Denison

MISSION PARTNERS

McDaniel & Blossom Phillips (TWR) London, Ontario

SPECIAL PRAYER

For God's blessing and grace to be on the attendees of Alpha this week
as they consider having faith in Jesus

NEXT SUNDAY, FEB 1, 2026

6:30pm - Lamplighters Worship & Communion Service
Reading: Hebrews 4:14 -5:10

GET IN TOUCH

LITTLE TRINITY

416-367-0272 | 425 King St E, Toronto ON M5A 1L3

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Prayer Chain: prayerchain@littletrinity.org x 251

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The Rev. Karen Koiter, Associate Pastor (Justice Animator) kkoiter@littletrinity.org x 236

The Rev. Andrew Stuart, Pastor of Discipleship astuart@littletrinity.org x 223

James Beck, Lay Pastoral Associate pastoralcare@littletrinity.org x 225

The Rev. Lyn Youll Marshall, Honorary Assistant lyoullmarshall@littletrinity.org

Ministers: The entire Congregation

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