
LITTLE TRINITY

SINCE 1842



Lent
2026

Sunday, Feb 22, 2026

LENT 1 | EPB Worship & Communion Service
9:00am & 10:45am

Welcome to Little T!

A Liturgical Style of Worship

This booklet will hopefully help make you feel more comfortable, especially if this is new to you.

Liturgical worship simply means we follow a particular order of service that is grounded in liturgy or "the work of the people". We use a liturgical form of service for our gatherings because we are not putting on a show for people to watch. Rather, the liturgy walks us through the wonderful story of Jesus Christ in a sequence that brings home the good news of God's grace to us. Each week we are brought back to the strange and amazing story of God with us. Today, our service is from the **English Prayer Book - (EPB)** contemporized version of the original prayer book from when the Anglican Church began in the 1500's. The EPB is basically scripture, re-ordered.

If this is new to you please join in only where you are comfortable. You'll get the hang of it after a few goes. Look out for **STAND** and **SIT** and **SIT/KNEEL** (whichever is your preference) instructions or just follow what your neighbour is doing (assuming they have been here before). In general, we stand to praise, sit to learn and sit/kneel to pray. **Bold** print directs you to join in unison.

CHILDREN

Contact: Janelle Gordon for details
(children@littletrinity.org)

YOUTH

Contact: Morgan Chu for details
(youth@littletrinity.org)

MORNING SERVICE

Welcome One Another

Why do we do this?

"Welcome one another as Christ has welcomed you, for the glory of God" (Romans 15:7) We come from delightfully diverse backgrounds yet Christ draws us together! Take a few moments to welcome those around you while we move up and in to make space for latecomers.

Musical Worship

Join in with our worship team as you feel led, sitting or standing as you are comfortable. The historic tradition uses music and song to direct ourselves towards God in praise and to direct our own hearts towards God's truth.

Confession & Absolution

Not forgetting our nature as fallen human beings: on one hand, we fall short of what we should do and who we should be, on the other hand, we are reminded that God is loving and merciful, we recognize that we are sinners and he reaches out to us nonetheless; we are assured that God has looked upon us with mercy and we have been forgiven of our sins. We say the confession together to illustrate we are all in need of God's mercy and forgiveness. Even if the person standing in front of you looks like they have it all together.

WELCOME

MUSICAL WORSHIP

STAND

LENTEN INVITATION AND CONFESSION

Dear friends in Christ, every year at the time of the Christian Passover we celebrate our redemption through the death and resurrection of our Lord Jesus Christ. Lent is a time to prepare for this celebration and to renew our life in Him. We continue in this holy season by remembering our need for repentance, and for the mercy and forgiveness proclaimed in the Gospel of Jesus Christ.

I invite you, therefore, in the name of the Lord, to observe a holy Lent by self-examination, penitence, prayer, fasting and almsgiving, and by reading and meditating on the word of God.

And so now let us either sit or kneel before our Creator and Redeemer, and confess our sins.

CONFESS & ABSOLUTION **SIT/KNEEL**

Almighty God, Father of our Lord Jesus Christ, maker of all things, judge of all, we acknowledge and confess our many sins, which we have committed, by thought, word and deed, against your divine majesty. We earnestly repent, and are truly sorry for all our misdoings. Have mercy on us, most merciful Father. For your Son our Lord Jesus Christ's sake, forgive us all that is past, and grant that from now on we may always serve

**and please you in lives wholly renewed by
your Spirit, to the honour and glory of your
name, through Jesus Christ our Lord.
Amen.**

Almighty God, our heavenly Father, who in his great mercy has promised forgiveness of sins to all who turn to him with heartfelt repentance and true faith: have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to eternal life, through Jesus Christ our Lord.

Amen.

THE COLLECT OF THE DAY

SIT/KNEEL

**God of pardon and deliverance, your
forgiving love, revealed in Christ, has brought
to birth a new creation. Raise us up from our
sins to walk in your ways, so that we may wit-
ness to your power, which makes all things
new. Grant this through our Lord Jesus Christ,
your Son, who lives and reigns with you in
the unity of the Holy Spirit, God for ever and
ever. Amen.**

THE PROCLAMATION OF THE WORD SIT

LESSON Hebrews 10:11-14, 19-25, 32-35

9am Reader: Peter Oulton

10:45am Reader: Jenn Rowland

¹¹ And every priest stands daily at his service, offering repeatedly the same sacrifices, which can never take away sins. ¹² But when Christ had offered for all time a single sacrifice for sins, he sat down at the right hand of God, ¹³ waiting

Opening Prayers

Worshipping God must begin with a heart prepared to enter into his presence. The Collect is a prayer that collects the intentions of our service; each Sunday there is a different collect paired with the readings and sermon message.

Proclamation of the Word

We take time to quiet our minds and listen to the scriptures which we honour and value as God's word to us. We accept this as a gift and offer thanks to God in response. The Proclamation of the Word has two distinct forms and functions: hearing the Word spoken to us as we listen to God's voice through the words of the scripture, and hearing God's word broken apart that we might delve deeper into its meaning and be exhorted to not just hear the Word but to live it as well.

Scripture quotations are adapted from the ESV® Bible (The Holy Bible, English Standard Version®), copyright © 2001 by Crossway.

from that time until his enemies should be made a footstool for his feet.¹⁴ For by a single offering he has perfected for all time those who are being sanctified. [...]

¹⁹ Therefore, brothers and sisters, since we have confidence to enter the holy places by the blood of Jesus,²⁰ by the new and living way that he opened for us through the curtain, that is, through his flesh,²¹ and since we have a great priest over the house of God,²² let us draw near with a true heart in full assurance of faith, with our hearts sprinkled clean from an evil conscience and our bodies washed with pure water.²³ Let us hold fast the confession of our hope without wavering, for he who promised is faithful.²⁴ And let us consider how to stir up one another to love and good works,²⁵ not neglecting to meet together, as is the habit of some, but encouraging one another, and all the more as you see the Day drawing near. [...]

³² But recall the former days when, after you were enlightened, you endured a hard struggle with sufferings,³³ sometimes being publicly exposed to reproach and affliction, and sometimes being partners with those so treated.³⁴ For you had compassion on those in prison, and you joyfully accepted the plundering of your property, since you knew that you yourselves had a better possession and an abiding one.³⁵ Therefore do not throw away your confidence, which has a great reward.

The Word of the Lord
Thanks be to God.

GOSPEL John 19: 16b -19; 28b - 30 STAND

9am Reader: Alison Chapman

10:45am Reader: Peter Kennedy

The Lord be with you.

And also with you.

The Holy Gospel is written in the nineteenth chapter of the Gospel according to Saint John beginning at the sixteenth verse.

Glory be to you, O Christ.

^{16b} ...So they took Jesus, ¹⁷ and he went out, bearing his own cross, to the place called The Place of a Skull, which in Aramaic is called Golgotha. ¹⁸ There they crucified him, and with him two others, one on either side, and Jesus between them. ¹⁹Pilate also wrote an inscription and put it on the cross. It read, “Jesus of Nazareth, the King of the Jews.” [...]

^{28b} [Jesus said:] “I thirst.” ²⁹ A jar full of sour wine stood there, so they put a sponge full of the sour wine on a hyssop branch and held it to his mouth. ³⁰ When Jesus had received the sour wine, he said, “It is finished,” and he bowed his head and gave up his spirit.

The Gospel of Christ

Praise be to you, O Christ.

SERMON

STAND for prayer, then SIT

“Once for All, Now Lived”

The Rev. Canon Timothy Haughton

Senior Pastor

Sermon Series: Hebrews: A Cross-Shaped Life

REFLECTION

The Gospel

The Gospel is God's word that speaks to us of what God has done in Jesus Christ. The Gospel demands that we act and standing up is a way to recognize that we are ready not just to hear but live as well.

Sermon

As we open the Scripture, we corporately encounter Christ. As you listen, pray to be open to the Spirit's leading, exhortation, encouragement and healing.

If you miss a sermon or want to listen again or share with others, podcasts along with small group discussion questions are on our website: www.littletrinity.org and they are also available on Google Play and iTunes.

Confession of Faith

Standing together with Christians throughout the centuries and throughout the world today, we affirm our faith by saying these ancient words together. This is the Apostle's Creed where we acknowledge the historical truths of our faith, passed down throughout the ages.

CONFESsION OF FAITH**STAND**

Do you believe in God the Father?

I believe in God, the Father Almighty creator of heaven and earth.

Do you believe in Jesus Christ, the Son of God?

I believe in Jesus Christ, his only Son, our Lord.

He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.

Do you believe in God the Holy Spirit?

I believe in God the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

Prayers of the People

The prayers of the people are the response of the community to the proclamation of the word. They are a moment when the gathered community exercises its baptismal role.

Baptized into Christ, and made one in his body, we pray with Christ, who constantly prays for us and for all of creation (Hebrews 7:25). Together we pray for our church, our city and our world.

PRAYERS OF THE PEOPLE**SIT/KNEEL**

Lord, in your mercy,

Hear our prayer.

WEEKLY CYCLE OF PRAYER

MINISTRIES OF THE WIDER CHURCH

WORLDWIDE: The Church in Ireland

DIOCESE: Church of the Incarnation, Parish of Lloydtown &
Church of the Messiah

CLERICUS: Church of the Messiah

NEIGHBOURHOOD

Those living and working on Ray Lane & St. Paul Street

LITTLE TRINITY COMMUNITY AND LEADERS

Rector's Warden - Jenn van Gent

PARISH

Robert & Becky Chai, Ezra & Elliot; Ben Chan & Julia Schindeler, Adin &
Ethan; Jon & Becky Chan, Caleb, Naomi & Junia; Tony Chan

MISSION PARTNERS

Drs Philip & Nancy Wood (WEC) Bunia, DR Congo

SPECIAL PRAYER

- For God's blessing and grace to be on the attendees of Alpha as they had a day away yesterday & consider the role of the church this week
- For safety and God's blessing to be on the youth and leaders travelling up to their youth retreat, Radiate this weekend

OFFERTORY WORSHIP

OFFERTORY

In our offertory, we offer our praise and thanksgiving and the gifts of bread and wine to the glory of God. If you wish to financially support the ongoing gospel ministry of Little Trinity, you can scan the QR code attached to a pew for options or visit our website at littletrinity.org/give. If you wish to give in person, please deposit your offering in the offering boxes in the church sanctuary.

THE PRAYER OVER THE GIFTS

Heavenly Father, thank you that we have these gifts to share. Help us to be generous in supporting the work of the gospel and caring for those in need, in the name of Jesus Christ our Lord. Amen.

The Doxology

These words, penned in 1674 by Thomas Ken, anchor us in the reality that our only proper response to God is worship and praise.

THE DOXOLOGY

STAND

**Praise God from whom all blessings flow!
Praise Him all creatures here below!
Praise Him above ye heavenly host!
Praise Father, Son and Holy Ghost. Amen.**

THE PEACE

STAND

The peace of the Lord be always with you;
And also with you.

COMMUNION

The Comfortable Words

The comfortable words, simply sentences from scripture, remind us that we cannot earn grace, we can only receive it through the work of Jesus on the cross.

Hear now these words of assurance for all who truly turn to Christ.

Jesus said: 'Come to me, all you who are weary and burdened, and I will give you rest'.

(Matthew 11:28)

'God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish, but have eternal life.'

(John 3:16)

The apostle Paul said: 'Here is a trustworthy saying that deserves full acceptance: Christ Jesus came into the world to save sinners'.

(1 Timothy 1:15)

The apostle John said: 'If anyone sins, we have an advocate with the Father, Jesus Christ the Righteous One. He is the atoning sacrifice for our sins.'

(1 John 2:1-2)

EUCCHARISTIC PRAYER

The Lord be with you.

And with your spirit.

Lift up your hearts;

We lift them up to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

It is indeed right, our duty and our joy, always and everywhere to give you thanks and praise, holy Father, heavenly King, almighty and eternal God.

Therefore with angels and archangels, and with all the company of heaven, we praise and magnify your glorious name, forever praising you, and singing:

Holy, holy, holy Lord, God of power and might,

Heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord. Hosanna in the highest.

SIT/KNEEL

Almighty God, our heavenly Father, in your tender mercy you gave your only Son Jesus Christ to suffer death upon the cross for our redemption. He made there, by his once and for all offering of himself, a full, perfect, and sufficient sacrifice for the sins of the whole world. He instituted, and in his holy gospel, commands us to continue a perpetual memorial of his precious death until he comes again.

Hear us, O merciful Father, we humbly pray, and grant that we who receive this bread and wine according to your Son Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed body and blood.

Eucharistic Prayer

Modeled after Jewish table prayers of blessing, the Eucharistic Prayer explores and explains something of the wonder of Jesus' death for us, as Paul wrote: "as often as you eat this bread and drink the cup, you proclaim the Lord's death until he comes."

The prayer contains the words Jesus used during the Last Supper. As we hear these words and go forward together, we feed on him, in our hearts, by faith, with thanksgiving.

The table is prepared while the prayer is spoken, much as we prepare ourselves to receive the Eucharist.

Holy, holy, holy Lord...

The Sanctus (*Holy, holy, holy Lord*) names that which is sacred, holy, hallowed, consecrated and inviolable: "Lord, God of power and Might".

On the night that Jesus was betrayed, he took bread and when he had given thanks, he broke it and gave it to his disciples, saying:

Take, eat this is my body which is given for you. Do this in remembrance of me.

In the same way, after supper, Jesus took the cup and when he had given thanks, he gave it to them, saying:

Drink this, all of you; this is my blood of the new covenant which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.

Accept through Jesus Christ, our great high priest, this our sacrifice of praise and thanksgiving; and as we eat and drink these holy gifts, grant by the power of your life-giving Spirit that we may be made one in your holy Church and partakers of the body and blood of your Son, that he may dwell in us and we in him: Through the same Jesus Christ our Lord, by whom, and with whom, and in whom, in the unity of the Holy Spirit, **all honour and glory are yours, Almighty Father, for ever and ever.**

Amen.

The Prayer of Humble Access

Before receiving communion, we remind ourselves of the true nature of God that though we have done nothing worthy of being received at the communion rail, we are welcome to receive his body and blood. This prayer reminds us how to receive this gift: in humility. The language of the prayer is taken from the Canaanite woman's humble approach to Jesus in Mark 7.

We do not presume to come to this your table, merciful Lord, trusting in our own righteousness, but in your abundant and great mercies. We are not even worthy to gather up the crumbs under your table. But you are the same Lord who delights in showing mercy. Grant us, therefore, gracious Lord, so to eat this bread and to drink this wine, that our bodies and souls may be cleansed by Christ's body and blood, and that we may evermore dwell in him, and he in us.

Amen.

COMMUNION

All those who have placed their trust in Jesus as Saviour and Lord, are welcome to the Lord's table. Gluten-free wafers are available upon request from the communion administrant.

MUSICAL WORSHIP

THE LORD'S PRAYER

Let us pray,

Our Father who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever. Amen.

STAND

The Lord's Prayer

the Lord's Prayer is the prayer instituted by Jesus himself (Matthew 6; Luke 11). This prayer has been handed down from generation to generation, teaching us to pray

PRAYERS AFTER COMMUNION

Almighty and everliving God, we thank you with all our hearts for feeding us with the spiritual food of the most precious body and blood of your Son, our Saviour Jesus Christ. We acknowledge your love and care for us in making us members of his mystical body, the blessed company of all faithful people, and heirs of eternal life.

And here we offer and present ourselves, our souls and bodies, to be a holy and living sacrifice, through Jesus Christ our Lord, to whom with you and the Holy Spirit be all honour and glory, world without end. Amen.

Prayers After Communion

God gets the last word in our service. First, he blesses us, and then he sends us out into the world, to live a life that reflects his love, mercy and truth.

We have been given the rest and nourishment we need to sustain our own lives, and we have been given the gifts we need to go out and Serve our World in the name of Jesus.

THE BLESSING

The peace of God which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the blessing of God almighty, the Father, the Son and the Holy Spirit be among you and remain with you always.

Amen.

BLACKBURN BURSARY: Akwasi Boateng

ANNOUNCEMENTS

CLOSING WORSHIP

STAND

THE DISMISSAL

Go in peace to love and serve the Lord.

Thanks be to God.



NEXT SUNDAY, MAR 1, 2026

9am & 10:45am - Lent 2 | BAS Worship Services

(With concurrent Children & Youth Ministry - Ages 0-Gr. 8)

6:30pm - Lent 2 | Lamplighters Worship & Communion Service

Reading: Hebrews 11:1-3, 11:32-12:2

GET IN TOUCH

LITTLE TRINITY

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Ministers: The entire Congregation

www.littletrinity.org |



Little Trinity Church



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