

**LITTLE TRINITY**

SINCE 1842

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**Sunday, Mar 1, 2026**

LENT 2 | BAS Worship & Communion Service  
**9:00am & 10:45am**

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# Welcome to Little T!

## A Liturgical Style of Worship

This booklet will hopefully help make you feel more comfortable, especially if this is new to you.

Liturgical worship simply means we follow a particular order of service that is grounded in liturgy or "the work of the people". We use a liturgical form of service for our gatherings because we are not putting on a show for people to watch. Rather, the liturgy walks us through the wonderful story of Jesus Christ in a sequence that brings home the good news of God's grace to us. Each week we are brought back to the strange and amazing story of God with us. Today, our service is from the Book of Alternative Services (BAS) developed in 1985.

If this is new to you please join in only where you are comfortable. You'll get the hang of it after a few goes. Look out for **STAND** and **SIT** and **SIT/KNEEL** (whichever is your preference) instructions or just follow what your neighbour is doing (assuming they have been here before). In general, we stand to praise, sit to learn and sit/kneel to pray. **Bold** print directs you to join in unison.

### CHILDREN

Contact Janelle Gordon for information:  
([children@littletrinity.org](mailto:children@littletrinity.org))

### YOUTH

Contact Morgan Chu for Information:  
([youth@littletrinity.org](mailto:youth@littletrinity.org))

**WELCOME**

**Welcome One Another**

Why do we do this?  
"Welcome one another as Christ has welcomed you, for the glory of God" (Romans 15:7) We come from delightfully diverse backgrounds yet Christ draws us together! Take a few moments to welcome those around you while we move up and in to make space for latecomers.

**Musical Worship**

Join in with our worship team as you feel led, sitting or standing as you are comfortable. The historic tradition uses music and song to direct ourselves towards God in praise and to direct our own hearts towards God's truth.

**Confession & Absolution**

Not forgetting our nature as fallen human beings: on one hand, we fall short of what we should do and who we should be, on the other hand, we are reminded that God is loving and merciful, we recognize that we are sinners and he reaches out to us nonetheless; we are assured that God has looked upon us with mercy and we have been forgiven of our sins.

We say the confession together to illustrate we are all in need of God's mercy and forgiveness. Even if the person standing in front of you looks like they have it all together.

**MUSICAL WORSHIP**

**STAND**

**LENTEN INVITATION AND CONFESSION**

Dear friends in Christ, every year at the time of the Christian Passover we celebrate our redemption through the death and resurrection of our Lord Jesus Christ. Lent is a time to prepare for this celebration and to renew our life in Him. We continue in this holy season by remembering our need for repentance, and for the mercy and forgiveness proclaimed in the Gospel of Jesus Christ. I invite you, therefore, in the name of the Lord, to observe a holy Lent by self-examination, penitence, prayer, fasting and almsgiving, and by reading and meditating on the word of God. And so now let us either sit or kneel before our Creator and Redeemer, and confess our sins.

**CONFESSION & ABSOLUTION**

**SIT/KNEEL**

Most merciful God

**we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.**

**We have not loved you with our whole heart;  
we have not loved our neighbours as  
ourselves.**

**We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us,  
that we may delight in your will,  
and walk in your ways,  
to the glory of your name. Amen.**

Almighty God have mercy upon you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in eternal life;  
through Jesus Christ our Lord. **Amen.**

**THE COLLECT OF THE DAY    *SIT/KNEEL***

**Eternal God, through the life, death and resurrection of Jesus, our Messiah, you have given life beyond the grave. Guide us in this life, so that, as you continue to bless us, we may be a blessing for others, bringing near the promise of your kingdom by our words and actions. Amen.**

**THE PROCLAMATION OF THE WORD    *SIT***

**LESSON    Hebrews 11:1-3, 8-12; 11:32-12:2**

9am: Bruce Edwards

10:45am: Carole Brennan

<sup>1</sup> Now faith is the assurance of things hoped for, the conviction of things not seen. <sup>2</sup> For by it the people of old received their commendation. <sup>3</sup> By faith we understand that the universe was created by the word of God, so that what is seen was not made out of things that are visible. [...]

<sup>8</sup> By faith Abraham obeyed when he was called to go out to a place that he was to receive as an inheritance. And he went out, not knowing where he was going. <sup>9</sup> By faith he went to live in the land of promise, as in a foreign land, living in tents with Isaac and Jacob, heirs with him of the same promise. <sup>10</sup> For he was looking forward to

**Proclamation of the Word**

We take time to quiet our minds and listen to the scriptures which we honour and value as God's word to us. We accept this as a gift and offer thanks to God in response.

The Proclamation of the Word has two distinct forms and functions: hearing the Word spoken to us as we listen to God's voice through the words of the scripture, and hearing God's word broken apart that we might delve deeper into its meaning and be exhorted to not just hear the Word but to live it as well.

Scripture quotations are adapted from the ESV® Bible (The Holy Bible, English Standard Version®), copyright © 2001 by Crossway.

the city that has foundations, whose designer and builder is God.

<sup>11</sup> By faith Sarah herself received power to conceive, even when she was past the age, since she considered him faithful who had promised. <sup>12</sup> Therefore from one man, and him as good as dead, were born descendants as many as the stars of heaven and as many as the innumerable grains of sand by the seashore. [...]

<sup>32</sup> And what more shall I say? For time would fail me to tell of Gideon, Barak, Samson, Jephthah, of David and Samuel and the prophets — <sup>33</sup> who through faith conquered kingdoms, enforced justice, obtained promises, stopped the mouths of lions, <sup>34</sup> quenched the power of fire, escaped the edge of the sword, were made strong out of weakness, became mighty in war, put foreign armies to flight.

<sup>35</sup> Women received back their dead by resurrection. Some were tortured, refusing to accept release, so that they might rise again to a better life. <sup>36</sup> Others suffered mocking and flogging, and even chains and imprisonment. <sup>37</sup> They were stoned, they were sawn in two, they were killed with the sword. They went about in skins of sheep and goats, destitute, afflicted, mistreated—<sup>38</sup> of whom the world was not worthy—wandering about in deserts and mountains, and in dens and caves of the earth. <sup>39</sup> And all these, though commended through their faith, did not receive what was promised, <sup>40</sup> since God had provided something better for us, that apart from us they should not be made perfect.

12 <sup>1</sup> Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight, and sin which clings so closely, and let us run with endurance the race that is set before us, <sup>2</sup> looking to Jesus, the founder and perfecter of our faith, who for the joy that was set before him endured the cross, despising the shame, and is seated at the right hand of the throne of God.

The Word of the Lord.

**Thanks be to God.**

**GOSPEL****Matthew 16:21-28****SIT**

9am: James Rhee

10:45am: Matthias Schilke

The Lord be with you.

**And also with you.**

The Holy Gospel of our Lord Jesus Christ according to Matthew.

**Glory to you, Lord Jesus Christ.**

<sup>21</sup> From that time Jesus began to show his disciples that he must go to Jerusalem and suffer many things from the elders and chief priests and scribes, and be killed, and on the third day be raised. <sup>22</sup> And Peter took him aside and began to rebuke him, saying, “Far be it from you, Lord! This shall never happen to you.” <sup>23</sup> But he turned and said to Peter, “Get behind me, Satan! You are a hindrance to me. For you are not setting your mind on the things of God, but on the things of humans.”

<sup>24</sup> Then Jesus told his disciples, “If any would come after me, let them deny themselves and take up their cross and follow me. <sup>25</sup> For whoever would save their life will lose it, but whoever loses their life for my sake will find it. <sup>26</sup> For what will it profit them if they gain the whole world and forfeit their soul? Or what shall they give in return for their soul? <sup>27</sup> For the Son of Man is going to come with his angels in the glory of his Father, and then he will repay each person according to what they have done. <sup>28</sup> Truly, I say to you, there are some standing here who will not taste death until they see the Son of Man coming in his kingdom.”

The Gospel of Christ.

**Praise to you, Lord Jesus Christ.****The Gospel**

The Gospel is God's word that speaks to us of what God has done in Jesus Christ. The Gospel demands that we act and standing up is a way to recognize that we are ready not just to hear but live as well.

### Sermon

As we open the Scripture, we corporately encounter Christ. As you listen, pray to be open to the Spirit's leading, exhortation, encouragement and healing.

If you miss a sermon or want to listen again or share with others, podcasts along with small group discussion questions are on our website: [www.littletrinity.org](http://www.littletrinity.org) and they are also available on Google Play and iTunes.

### Confession of Faith

Standing together with Christians throughout the centuries and throughout the world today, we affirm our faith by saying these ancient words together. Alternating between the Apostle's Creed and the Nicene Creed, together we acknowledge the historical truths of our faith, passed down throughout the ages.

## SERMON

**STAND** for prayer, then **SIT**

"The Way of Faith"

The Rev. Andrew Stuart

Pastor of Discipleship

*Sermon Series: Hebrews: A Cross-Shaped Life*

## REFLECTION

### CONFESSION OF FAITH

**STAND**

Do you believe and trust in God the Father?

**We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

Do you believe and trust in his Son Jesus Christ?

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father; through him all things were made.**

Do you believe and trust in the saving work of Jesus Christ?

**For us and for our salvation he came down from heaven, was incarnate by the Holy Spirit of the Virgin Mary and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.**

Do you believe and trust in the Holy Spirit?

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshipped and glorified, who has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

**Prayers of the People**

The prayers of the people are the response of the community to the proclamation of the word. They are a moment when the gathered community exercises its baptismal role. Baptized into Christ, and made one in his body, we pray with Christ, who constantly prays for us and for all of creation (Hebrews 7:25). Together we pray for our church, our city and our world.

**PRAYERS OF THE PEOPLE**

**SIT/KNEEL**

Lord, in your mercy,  
**Hear our prayer.**

**WEEKLY CYCLE OF PRAYER**

**MINISTRIES OF THE WIDER CHURCH**

WORLDWIDE: The Church in Japan

DIOCESE: Parish of Minden-Kinmount, Mission to Seafarers  
& Church of the Nativity, Malvern

CLERICUS: Church of St. Bartholomew

**NEIGHBOURHOOD**

Those living and working on Gurney Street & Power Street

**LITTLE TRINITY COMMUNITY AND LEADERS**

Deputy People's Warden / Treasurer - Ruston Martin

**PARISH**

Alison & Martin Chapman, Ross & Evie; Liane & Jason Chapman, Alexis & Annelies; Nathalie & Graham Chernoff, Elizabeth & Helena

**MISSION PARTNERS**

Dr. Steve & Peggy Foster (SIM) Lubango, Angola

**SPECIAL PRAYER**

For God's peace and comfort to surround Bryan Gooderham and his family as he has been placed in hospice care

For God's blessing and wisdom to surround those attending Alpha as they study the Christian witness and wrap up the course this week

## OFFERTORY WORSHIP

### OFFERTORY

*In our offertory, we offer our praise and thanksgiving and the gifts of bread and wine to the glory of God.*

*If you wish to financially support the ongoing gospel ministry of Little Trinity, you can scan the QR code attached to a pew for options or visit our website at [littrinity.org/give](http://littrinity.org/give). If you wish to give in person, please deposit your offering in the offering boxes in the church sanctuary.*

### THE PRAYER OVER THE GIFTS

**Gracious God, all things come from you and you teach us to be generous with what we have. We pray that our gifts may be wisely used for the ministry of the gospel and the relief of those in need for the glory of our Lord Jesus Christ. Amen.**

#### The Doxology

These words, penned in 1674 by Thomas Ken, anchor us in the reality that our only proper response to God is worship and praise.

### THE DOXOLOGY

**STAND**

**Praise God from whom all blessings flow!  
Praise Him all creatures here below!  
Praise Him above ye heavenly host!  
Praise Father, Son and Holy Ghost. Amen.**

**STAND**

The peace of the Lord be always with you;  
**And also with you.**

## COMMUNION

### EUCCHARISTIC PRAYER

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give our thanks and praise.**

Blessed are you, gracious God,  
creator of heaven and earth;  
because you bid your faithful people  
to cleanse their hearts  
and to prepare with joy for the paschal feast;  
that fervent in prayer and in works of mercy,  
and renewed by your Word and Sacraments,  
they may come to the fullness of grace  
which you have prepared for those who love you.

Therefore we raise our voices in joyful praise  
to proclaim the glory of your name.

**Holy, holy, holy Lord,  
God of power and might,  
heaven and earth of your glory are full.  
Hosanna hosanna hosanna in the highest.  
Blessed is he who comes  
in the name of the Lord. (repeat)**

### **SIT/KNEEL**

We praise you, merciful Father,  
not as we ought, but as we are able,  
because in your tender love  
you gave the world your only Son,  
in order that the world might be saved through him.  
He made you known by taking the form of a servant,  
healing the sick, liberating the oppressed,  
reaching out to the lost.

#### **Eucharistic Prayer**

Modeled after Jewish table prayers of blessing, the Eucharistic Prayer, or the Great Thanksgiving, explores and explains something of the wonder of Jesus' death for us, as Paul wrote: "as often as you eat this bread and drink the cup, you proclaim the Lord's death until he comes."

The prayer contains the words Jesus used during the Last Supper. As we hear these words and go forward together, we feed on him, in our hearts, by faith, with thanksgiving.

The table is prepared while the prayer is spoken, much as we prepare ourselves to receive the Eucharist.

#### **Holy, holy, holy Lord...**

The Sanctus (*Holy, holy, holy Lord*) names that which is sacred, holy, hallowed, consecrated and inviolable: "Lord, God of power and Might".

Betrayed, reviled, and nailed to the cross,  
he confronted the power of sin  
and disarmed it for ever.  
In his offering of himself,  
he became the perfect and sufficient sacrifice  
for the sins of the whole world.  
Redeemed by Christ,  
we have been adopted as your children;  
by your pardon  
you have made us worthy to praise you.

On the night he was betrayed,  
Jesus, at supper with his friends,  
took bread, gave you thanks, broke the bread,  
gave it to them, and said, "Take and eat:  
this is my body which is given for you.  
Do this for the remembrance of me."

After supper he took the cup of wine,  
and when he had given thanks,  
he gave it to them,  
and said,  
"Drink this all of you:  
this is my blood of the new covenant  
which is shed for you and for many  
for the forgiveness of sins.  
Whenever you drink it,  
do this for the remembrance of me."  
In obedience to him and with grateful hearts  
we approach your holy table,  
remembering our Saviour's sacrifice,  
and rejoicing in his victory.  
Confident in his sovereign purpose,  
we declare our faith.

**Christ has died,  
Christ is risen,  
Christ will come again.**

Send your Holy Spirit on us  
that as we receive this bread and this cup  
we may partake of the body and blood

of our Lord Jesus Christ,  
and feed on him in our hearts  
by faith with thanksgiving.

May we be renewed in his risen life, filled with love,  
and strengthened in our will to serve others;  
and make of our lives, we pray,  
a pure and holy sacrifice, acceptable to you,  
knitting us together as one in your Son Jesus Christ,  
to whom, with you and the Holy Spirit,  
be all honour and glory, now and forever.

**Amen.**

## **THE LORD'S PRAYER**

Let us pray,

**Our Father who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever. Amen.**

## **THE BREAKING OF THE BREAD**

We break this bread,

**Communion in Christ's body once broken.**

Let your Church be the wheat  
which bears its fruit in dying.

**If we have died with him,  
we shall live with him;  
if we hold firm,  
we shall reign with him.**

The gifts of God for the people of God.

**Thanks be to God.**

### **The Lord's Prayer**

the Lord's Prayer is the prayer instituted by Jesus himself (Matthew 6; Luke 11). This prayer has been handed down from generation to generation, teaching us to pray.

## COMMUNION

*All those who have placed their trust in Jesus as Saviour and Lord, are welcome to the Lord's table. Gluten-free wafers are available upon request from the communion administrant.*

### Prayers After Communion

God gets the last word in our service. First, he blesses us, and then he sends us out into the world, to live a life that reflects his love, mercy and truth.

We have been given the rest and nourishment we need to sustain our own lives, and we have been given the gifts we need to go out and Serve our World in the name of Jesus.

### **PRAYERS AFTER COMMUNION      *STAND***

Faithful God,  
in this holy bread  
you increase our faith and hope and love.  
Lead us in the path of Christ  
who is your Word of life.  
We ask this in his name.

Glory to God,  
**whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.**

### **THE BLESSING**

May the God of mercy transform you by his grace, and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.**

### **MISSION MOMENT: Andrew & Aimée Janzen**

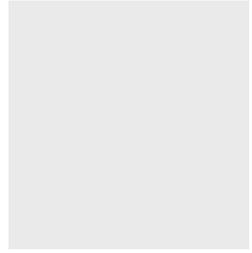
### **ANNOUNCEMENTS**

### **CLOSING WORSHIP      *STAND***

## **THE DISMISSAL**

Go in peace to love and serve the Lord.

**Thanks be to God.**



**NEXT SUNDAY, MAR 8, 2026**

**9am & 10:45am** - LENT 3 | BAS Communion & Worship Services  
(With concurrent Children & Youth Ministry - Ages 0-Gr. 8)

**6:30pm** LENT 3 | Lamplighters Worship & Communion Service  
Reading: Hebrews 12:3-17

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**GET IN TOUCH**

**LITTLE TRINITY**

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Ministers: The entire Congregation

[www.littletrinity.org](http://www.littletrinity.org) |



Little Trinity Church |



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