
LITTLE TRINITY

SINCE 1842



Lent

Sunday, Mar 8, 2026

Lent 3 | Lamplighters Worship &
Communion Service

6:30pm

WORSHIP SERVICE

WELCOME

WORSHIP IN SONG

OPENING PRAYER

LENTEN INVITATION AND CONFESSION

Dear friends in Christ, every year at the time of the Christian Passover we celebrate our redemption through the death and resurrection of our Lord Jesus Christ. Lent is a time to prepare for this celebration and to renew our life in Him. We continue in this holy season by remembering our need for repentance, and for the mercy and forgiveness proclaimed in the Gospel of Jesus Christ.

I invite you, therefore, in the name of the Lord, to observe a holy Lent by self-examination, penitence, prayer, fasting and almsgiving, and by reading and meditating on the word of God.

And so now let us either sit or kneel before our Creator and Redeemer, and confess our sins.

CONFESSION & ABSOLUTION

All: Most merciful Father, we have sinned and are guilty before you. Forgive us for deception and untruthfulness in our dealings with others. Forgive us in our glances and imagination; for pining after more comfort, status, beauty and wealth than you have given us. Forgive us for our hard-heartedness toward you and our neighbours; for our pride and self-absorption; and above all, for doubting your love for us. We thank you for your mercy and the grace to amend our lives, and we ask for your Spirit to transform us into your likeness. Amen.

Leader: May Almighty God, whose steadfast love is as great as the heavens are high above the earth, remove our sins from us, as far as the east is from

the west, strengthen our life in his kingdom, and keep us upright to the last day; through Jesus Christ our merciful Lord. **Amen.**

READINGS: Hebrews 12:1-13

¹ Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight, and sin which clings so closely, and let us run with endurance the race that is set before us, ² looking to Jesus, the founder and perfecter of our faith, who for the joy that was set before him endured the cross, despising the shame, and is seated at the right hand of the throne of God. ³ Consider him who endured from sinners such hostility against himself, so that you may not grow weary or fainthearted. ⁴ In your struggle against sin you have not yet resisted to the point of shedding your blood. ⁵ And have you forgotten the exhortation that addresses you as children?

“My child, do not regard lightly the discipline of the Lord,
nor be weary when reproved by him.

⁶ For the Lord disciplines the one he loves,
and chastises each child whom he receives.

⁷ It is for discipline that you have to endure. God is treating you as children. For what child is there whose parent does not discipline? ⁸ If you are left without discipline, in which all have participated, then you are illegitimate and not his children. ⁹ Besides this, we have had earthly parents who disciplined us and we respected them. Shall we not much more be subject to the Father of spirits and live? ¹⁰ For they disciplined us for a short time as it seemed best to them, but he disciplines us for our good, that we may share his holiness. ¹¹ For the moment all discipline seems painful rather than pleasant, but later it yields the peaceful fruit of righteousness to those who have been trained by it. ¹² Therefore lift your drooping hands and strengthen your weak knees, ¹³ and make straight paths for your feet, so that what is lame may not be put out of joint but rather be healed.

John 15:1-5

¹ [Jesus said:] “I am the true vine, and my Father is the vinedresser. ² Every branch in me that does not bear fruit he takes away, and every branch that does bear fruit he prunes, that it may bear more fruit. ³ Already you are clean because of the word that I have spoken to you. ⁴ Abide in me, and I in

you. As the branch cannot bear fruit by itself, unless it abides in the vine, neither can you, unless you abide in me. ⁵ I am the vine; you are the branches. Those who abide in me and I in them, bear much fruit, for apart from me you can do nothing.”

The Word of the Lord.

Thanks be to God.

SERMON “Formed as Citizens of the Kingdom” Tim Haughton
Sermon Series: Hebrews: A Cross-Shaped Life

REFLECTION

CREED

Do you believe in God the Father?

I believe in God, the Father Almighty, creator of heaven and earth.

Do you believe in Jesus Christ, the Son of God?

I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.

Do you believe in God the Holy Spirit?

I believe in God the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

PRAYERS

OFFERTORY

In our offertory, we offer our praise and thanksgiving and the gifts of bread and wine to the glory of God. If you wish to financially support the ongoing gospel ministry of Little Trinity, you can scan the QR code attached to a pew for options or visit our website at littletrinity.org/give. If you wish to give in person, please deposit your offering in the offering boxes in the church sanctuary.

OFFERTORY WORSHIP

COMMUNION PRAYER

The Spirit of God be with you. Lift your hearts to heaven.

Where Christ in glory reigns.

Let us give thanks to God.

It is right to offer thanks and praise.

It is right indeed to give you thanks most loving God, through Jesus Christ, our Redeemer, the pioneer of our salvation, who is with us always, one of us, yet from the heart of God. In your love, dear God, righteous and strong to save, you came among us in Jesus Christ, our crucified and living Lord. You make all things new. In Christ's suffering and cross you reveal your glory and reconcile all peoples to yourself, their true and living God.

To you be glory and praise forever.

Accept our praises, living God, for Jesus Christ, the one perfect offering for the world, who on the night that he was betrayed took bread, and when he had given thanks, broke it, gave it to his disciples, and said: "Take, eat, this is my body which is given for you; do this to remember me."

To you be glory and praise forever.

After supper he took the cup and when he had given thanks; he gave it to them and said: "Drink this all of you; this is my blood of the new covenant, which is shed for you and for many to forgive sin. Do this, as often as you drink it, to remember me."

To you be glory and praise forever.

Grant that by your Spirit this bread and wine, may be to us his body and blood as we celebrate your great acts of liberty ever present and living in Jesus Christ, crucified and risen, who was and is and is to come.

Amen.

THE LORD'S PRAYER

As our Saviour Christ has taught, we are bold to pray.

Our Father who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day

our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power and the glory, now and forever. Amen.

COMMUNION

All those who have placed their trust in Jesus as Saviour and Lord, are welcome to the Lord's table. Gluten-free wafers are available upon request from the communion administrant.

MUSICAL WORSHIP

PRAYER AFTER COMMUNION

Gracious God, we thank you for all the blessings of this life. We thank you that you call us to grow to maturity in Jesus and have nourished us this day in the bread and wine. May we leave this place encouraged and equipped to serve you in all those we meet this coming week. This we pray in the name of Jesus Christ the Lord. Amen.

BLESSING

May the God of mercy transform you by his grace, and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.**

ANNOUNCEMENTS

CLOSING WORSHIP

DISMISSAL

Go in peace to love and serve the Lord.

Thanks be to God.



WEEKLY CYCLE OF PRAYER

MINISTRIES OF THE WIDER CHURCH

WORLDWIDE: The Church in Jerusalem & the Middle East
DIOCESE: Church of Our Saviour, Don Mills, Parish of Penetaguishene and
Wabaushene & Prince of Peace, Wasaga Beach
CLERICUS: St. James' Cathedral

NEIGHBOURHOOD

Those living and working on Parliament Street & Wilkins Avenue

LITTLE TRINITY COMMUNITY AND LEADERS

Deputy Rector's Warden - Jason Chapman

PARISH

In-Surp & Mari Choi, Poem & River; Enos Choi & Shirley Ho, Leona &
Linden; Fred & Morgan Chu, William & Jonathan; Hilary Cluett

MISSION PARTNERS

McDaniel & Blossom Phillips (TWR) London, Ontario

NEXT SUNDAY, MAR 15, 2026

6:30pm - Lent 4 | Lamplighters Worship & Communion Service
Reading: Heb 12:11-29

GET IN TOUCH

LITTLE TRINITY

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Administrator Office hours: M-Th 9:30-3pm admin@littletrinity.org

Prayer Chain: prayerchain@littletrinity.org x 251

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The Rev. Karen Koiter, Associate Pastor (Justice Animator) kkoiter@littletrinity.org x 236

The Rev. Andrew Stuart, Pastor of Discipleship astuart@littletrinity.org x 223

James Beck, Lay Pastoral Associate pastoralcare@littletrinity.org x 225

Ministers: The entire Congregation

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