
LITTLE TRINITY

SINCE 1842



Sunday, Mar 15, 2026

LENT 4 | Worship & Communion Service

6:30pm

WORSHIP SERVICE

WELCOME

WORSHIP IN SONG

LENTEN INVITATION AND CONFESSION

Dear friends in Christ, every year at the time of the Christian Passover we celebrate our redemption through the death and resurrection of our Lord Jesus Christ. Lent is a time to prepare for this celebration and to renew our life in Him. We continue in this holy season by remembering our need for repentance, and for the mercy and forgiveness proclaimed in the Gospel of Jesus Christ.

I invite you, therefore, in the name of the Lord, to observe a holy Lent by self-examination, penitence, prayer, fasting and almsgiving, and by reading and meditating on the word of God.

And so now let us either sit or kneel before our Creator and Redeemer, and confess our sins.

CONFESSION & ABSOLUTION

All: Merciful God, we confess to you now that we have sinned. We confess the sins that no one knows and the sins that everyone knows. We confess the sins that are a burden to us and the sins that do not bother us because we have grown used to them. We have not loved one another as Christ loved us. We have not forgiven one another as we have been forgiven. We have not given ourselves in love and service as Christ gave himself for us. Father, forgive us. Send the Holy Spirit to us, that he may give us power to live as you have called us to live. Through Jesus Christ our Lord. Amen.

Leader: May Almighty God, whose steadfast love is as great as the heavens are high above the earth, remove your sins from you, as far as the east is from the west, strengthen your life in his kingdom, and keep you upright to the last day; through Jesus Christ our merciful Lord.

Amen.

READINGS

Hebrews 12:1-2, 18-29

¹ Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight, and sin which clings so closely, and let us run with endurance the race that is set before us, ¹² looking to Jesus, the founder and perfecter of our faith, who for the joy that was set before him endured the cross, despising the shame, and is seated at the right hand of the throne of God. [...]

¹⁸ For you have not come to what may be touched, a blazing fire and darkness and gloom and a tempest ¹⁹ and the sound of a trumpet and a voice whose words made the hearers beg that no further messages be spoken to them. ²⁰ For they could not endure the order that was given, "If even a beast touches the mountain, it shall be stoned." ²¹ Indeed, so terrifying was the sight that Moses said, "I tremble with fear." ²² But you have come to Mount Zion and to the city of the living God, the heavenly Jerusalem, and to innumerable angels in festal gathering, ²³ and to the assembly of the firstborn who are enrolled in heaven, and to God, the judge of all, and to the spirits of the righteous made perfect, ²⁴ and to Jesus, the mediator of a new covenant, and to the sprinkled blood that speaks a better word than the blood of Abel.

²⁵ See that you do not refuse him who is speaking. For if they did not escape when they refused him who warned them on earth, much less will we escape if we reject him who warns from heaven. ²⁶ At that time his voice shook the earth, but now he has promised, "Yet once more I will shake not only the earth but also the heavens." ²⁷ This phrase, "Yet once more," indicates the removal of things that are shaken—that is, things that have been made—in order that the things that cannot be grateful for receiving a kingdom that cannot be shaken, and thus let us offer to God acceptable worship, with reverence and awe, ²⁹ for our God is a consuming fire.

Luke 21:25-31

²⁵ [Jesus said:] "And there will be signs in sun and moon and stars, and on the earth distress of nations in perplexity because of the roaring of the sea and the waves, ²⁶ people fainting with fear and with foreboding of what is coming on the world. For the powers of the heavens will be shaken. ²⁷ And then they will see the Son of Man coming in a cloud with power and great glory.

²⁸ Now when these things begin to take place, straighten up and raise your heads, because your redemption is drawing near."

²⁹ And he told them a parable: "Look at the fig tree, and all the trees. ³⁰ As soon as they come out in leaf, you see for yourselves and know that the summer is already near. ³¹ So also, when you see these things taking place, you know that the kingdom of God is near."

The Word of the Lord.

Thanks be to God.

SERMON "Endurance and the Kingdom to Come" Tim Haughton
Sermon Series: Hebrews: A Cross-Shaped Life

REFLECTION

CONFESSION OF FAITH

Do you believe and trust in God the Father?

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

Do you believe and trust in his Son Jesus Christ?

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father; through him all things were made.

Do you believe and trust in the saving work of Jesus Christ?

For us and for our salvation he came down from heaven, was incarnate by the Holy Spirit of the Virgin Mary and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

Do you believe and trust in the Holy Spirit?

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshipped and glorified, who has spoken through the prophets. We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

PRAYERS

OFFERTORY

In our offertory, we offer our praise and thanksgiving and the gifts of bread and wine to the glory of God. If you wish to financially support the ongoing gospel ministry of Little Trinity, you can scan the QR code attached to a pew for options or visit our website at littletrinity.org/give.

If you wish to give in person, please deposit your offering in the offering boxes in the church sanctuary.

OFFERTORY WORSHIP

COMMUNION PRAYER

The Lord is here. Lift up your hearts.

We lift them to the Lord.

Let us give thanks to God.

It is right to give thanks and praise.

It is right to praise you, Father, Lord of all creation;
in your love you made us for yourself.

When we turned away you did not reject us,
but came to meet us in your Son.

**You embraced us as your children
and welcomed us to sit and eat with you.**

In Christ you shared our life
that we might live in him and he in us.

**He opened his arms of love upon the cross
and made for all the perfect sacrifice for sin.**

On the night he was betrayed,
at supper with his friends he took bread,
and gave you thanks;

he broke it and gave it to them, saying:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

**Father, we do this in remembrance of him:
his body is the bread of life.**

At the end of supper, taking the cup of wine,
he gave you thanks, and said:

Drink this, all of you; this is my blood of the new covenant,
which is shed for you for the forgiveness of sins;
do this in remembrance of me.

**Father, we do this in remembrance of him:
his blood is shed for all.**

As we proclaim his death and celebrate his rising in glory,
send your Holy Spirit that this bread and this wine
may be to us the body and blood of your dear Son.
As we eat and drink these holy gifts
make us one in Christ, our risen Lord. **Amen.**

THE LORD'S PRAYER

As our Saviour Christ has taught, we are bold to pray.

**Our Father who art in heaven, hallowed be thy name, thy kingdom
come, thy will be done, on earth as it is in heaven. Give us this day
our daily bread. And forgive us our trespasses, as we forgive those
who trespass against us. And lead us not into temptation, but de-
liver us from evil. For thine is the kingdom, the power and the
glory, now and forever. Amen.**

COMMUNION

*All those who have placed their trust in Jesus as Saviour and Lord, are
welcome to the Lord's table. Gluten-free wafers are available upon request
from the communion administrant.*

MUSICAL WORSHIP

PRAYER AFTER COMMUNION

Faithful God, in this holy bread you increase our faith and hope and love.
Lead us in the path of Christ who is your Word of life.
We ask this in his name. **Amen.**

THE BLESSING

May the God of mercy transform you by his grace, and the blessing of God
almighty, the Father, the Son, and the Holy Spirit, be among you and remain
with you always. **Amen.**

ANNOUNCEMENTS

CLOSING WORSHIP

DISMISSAL

Go in peace to love and serve the Lord.
Thanks be to God.



NEXT SUNDAY, MAR 22, 2026

6:30pm - LENT 5 - Lamplighters Worship & Communion Service
Reading: Hebrews 13:1-21

WEEKLY CYCLE OF PRAYER

MINISTRIES OF THE WIDER CHURCH

WORLDWIDE: The Church in Kenya
DIOCESE: Church of the Redeemer, Bloor Street, Church of the Resurrection & San Lorenzo, Dufferin
CLERICUS: Church of St. Paul - Bloor Street

NEIGHBOURHOOD

Those living and working on Virgin Place & Sackville Street

LITTLE TRINITY COMMUNITY AND LEADERS

Lay Delegates to Synod - Graham Chernoff, Peter Oulton, Maureen Oulton, Ian Welsman, Ruth Padmore, Liz Downie, James Beck

PARISH

Adam Cohoon & Jennifer Conroy; David Colpitts; Nancy Conrad; Marlena Corbo & Aline Leal Rocha, Luna; Ross Couldrey & Karen Doxsee, Quinn, Piper & Hayden

MISSION PARTNERS

Drs Philip & Nancy Wood (WEC) Bunia, DR Congo

GET IN TOUCH

LITTLE TRINITY

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The Rev. Karen Koiter, Associate Pastor (Justice Animator) kkoiter@littletrinity.org x 236

The Rev. Andrew Stuart, Pastor of Discipleship astuart@littletrinity.org x 223

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Ministers: The entire Congregation

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