

## **Mar 22, 2026“Held Fast So We Can Hold Fast”**

### **Leader’s Guide**

#### **Hebrews 13:1-21**

**1. “What would you risk if you knew you couldn’t fall?” What comes to mind for you when you hear that question? Where does it feel exciting, and where does it feel uncomfortable?**

*For the leader:*

- Gently bring this question toward real life. Where does this question actually press on people’s fears or desires?
- If needed, ask a follow-up: What feels most at stake for you right now? What would be costly to risk?

**2. The image of clinging to God while also being held by God runs through the sermon. Can you think of a time when you felt held by God, even if your own grip felt weak?**

*For the leader:*

- Not everyone experiences God’s presence the same way, so this may be difficult for some to answer. If it’s helpful, ask: Looking back, can you see ways God was holding you, even if you did not recognize it at the time?
- Invite concrete stories where possible.

**3. Which example of risky love stood out to you most? Where might God be inviting you to take a small step of risky love right now, in your church, your relationships, or beyond?**

*For the leader:*

- If conversation becomes abstract or political, gently bring it back to personal relationships and lived experience
- You might ask: Is there a specific person or situation that comes to mind? What would a small act of love look like there?
- Affirm that this kind of love is genuinely costly, and that is part of what makes it “risky”
- Keep the focus on love flowing from security in Christ, not proving something or earning anything

**4. The sermon spoke of a steadfast trust in God relating to finances, and relating to the message of Jesus being enough? Does one of these hit harder than the other? What would it look like to “hold fast” in that area this week?**

*For the leader:*

- This may feel vulnerable, especially around money or doubt. Model appropriate honesty if needed
- Watch for drift into guilt or self-judgment. Gently redirect toward trust rather than performance

**5. Which of the everyday sacrifices mentioned resonated with you most? Where are you feeling the weight of faithfulness right now, and how might remembering that you are “held fast” change how you carry it?**

*For the leader:*

- Let people name the real weight they are carrying, and resist the urge to jump into problem solving. The goal is to connect their burden with the reality of God’s sustaining presence.
- One possible avenue: if we are being held by God, our burdens that we carry are also in God’s hands. What might it look like to lean on Jesus to hold the weight of these burdens?

**6. Of the three themes, risky love, steadfast trust, faithful sacrifice, which one do you sense the Holy Spirit highlighting for you right now? What is one small, concrete step you could take this week in response?**

*For the leader:*

- Help people land somewhere specific. If needed, ask: What is one thing you could actually do in the next few days? Encourage smallness and clarity over ambition.
- If appropriate, invite people to share their step with the group for gentle accountability.

**Closing reflection or prayer**

Invite the group to sit quietly for a moment, imagining themselves being held fast by God. Close in prayer, thanking God that we are not held by the strength of our grip, but by his faithful love. Ask for courage to love riskily, trust deeply, and offer our lives in faithful sacrifice, knowing that he holds us fast.