
LITTLE TRINITY

SINCE 1842



Sunday, Sep 13, 2026

EPB Worship & Communion Service
9:00am & 10:45am

Welcome to Little T!

A Liturgical Style of Worship

This booklet will hopefully help make you feel more comfortable, especially if this is new to you.

Liturgical worship simply means we follow a particular order of service that is grounded in liturgy or "the work of the people". We use a liturgical form of service for our gatherings because we are not putting on a show for people to watch. Rather, the liturgy walks us through the wonderful story of Jesus Christ in a sequence that brings home the good news of God's grace to us. Each week we are brought back to the strange and amazing story of God with us. Today, our service is from the **English Prayer Book - (EPB)** contemporized version of the original prayer book from when the Anglican Church began in the 1500's. The EPB is basically scripture, re-ordered.

If this is new to you please join in only where you are comfortable. You'll get the hang of it after a few goes. Look out for **STAND** and **SIT** and **SIT/KNEEL** (whichever is your preference) instructions or just follow what your neighbour is doing (assuming they have been here before). In general, we stand to praise, sit to learn and sit/kneel to pray. **Bold** print directs you to join in unison.

CHILDREN

Contact: Janelle Gordon for details
(children@littletrinity.org)

YOUTH

Contact: Morgan Chu for details
(youth@littletrinity.org)

MORNING SERVICE

Welcome One Another

Why do we do this?
"Welcome one another as
Christ has welcomed you,
for the glory of God"
(Romans 15:7) We come
from delightfully diverse
backgrounds yet Christ
draws us together! Take a
few moments to welcome
those around you while
we move up and in to
make space for latecom-
ers.

Musical Worship

Join in with our worship
team as you feel led,
sitting or standing as you
are comfortable. The
historic tradition uses
music and song to direct
ourselves towards God in
praise and to direct our
own hearts towards God's
truth.

Opening Prayers

Worshipping God must
begin with a heart pre-
pared to enter into his
presence. The Collect is a
prayer that collects the
intentions of our service;
each Sunday there is a
different collect paired
with the readings and
sermon message.

The Kyrie

(Greek for Lord)

We worship God as Trini-
ty, appealing first to the
Lord, our Father, second-
ly to the Lord Christ and
the third to the Lord, the
Holy Spirit.

Then we recite the mutual
greeting drawn from Ruth
2:4 when Boaz greets his
reapers: *The Lord be with
you. And with thy spirit.*
We speak to each other
under God's gaze.

WELCOME

MUSICAL WORSHIP

STAND

OPENING PRAYERS

SIT/KNEEL

**Almighty God,
to whom all hearts are open,
all desires known,
and from whom no secrets are hidden,
cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name,
through Jesus Christ our Lord. Amen.**

THE GREAT COMMANDMENTS

Our Lord Jesus Christ said: Hear O Israel, the Lord
our God is one Lord. You shall love the Lord your
God with all your heart, and with all your soul, and
with all your mind, and with all your strength. This is
the first and great commandment. And the second
is like it: you shall love your neighbour as yourself.
On these two commandments hang all the Law and
the Prophets.

**Lord, have mercy upon us, and write all these
your laws in our hearts.**

Lord, have mercy upon us.

Christ, have mercy upon us.

Lord, have mercy upon us.

The Lord be with you;

And also with you.

Let us pray.

Almighty God, whose Holy Spirit empowers your Church to live out the truth of the Gospel: Grant us grace not only to know your word, but to demonstrate it in action. Strengthen us to bear witness to the lordship of Jesus Christ with joy, especially when faced with opposition, trial, or hardship. May the peace of your indwelling Spirit guard our hearts in the midst of life's turmoil, that we may press on faithfully in the work you have set before us; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

THE PROCLAMATION OF THE WORD

SIT

LESSON

Acts 14:1-23

9am Reader: Asher Lai

10:45am Reader: Nicholas Nicolaidis

¹ Now at Iconium [Paul & Barnabus] entered together into the Jewish synagogue and spoke in such a way that a great number of both Jews and Greeks believed. ² But the unbelieving Jews stirred up the Gentiles and poisoned their minds against the brothers. ³ So they remained for a long time, speaking boldly for the Lord, who bore witness to the word of his grace, granting signs and wonders to be done by their hands. ⁴ But the people of the city were divided; some sided with the Jews and some with the apostles. ⁵ When an attempt was made by both Gentiles and Jews, with their rulers, to mistreat them and to stone them, ⁶ they learned of it and fled to

Proclamation of the Word

We take time to quiet our minds and listen to the scriptures which we honour and value as God's word to us. We accept this as a gift and offer thanks to God in response. The Proclamation of the Word has two distinct forms and functions: hearing the Word spoken to us as we listen to God's voice through the words of the scripture, and hearing God's word broken apart that we might delve deeper into its meaning and be exhorted to not just hear the Word but to live it as well.

Scripture quotations are adapted from the ESV® Bible (The Holy Bible, English Standard Version®), copyright © 2001, by Crossway.

Lystra and Derbe, cities of Lycaonia, and to the surrounding country, ⁷ and there they continued to preach the gospel.

⁸ Now at Lystra there was a man sitting who could not use his feet. He was crippled from birth and had never walked. ⁹ He listened to Paul speaking. And Paul, looking intently at him and seeing that he had faith to be made well, ¹⁰ said in a loud voice, “Stand upright on your feet.” And he sprang up and began walking. ¹¹ And when the crowds saw what Paul had done, they lifted up their voices, saying in Lycaonian, “The gods have come down to us in the likeness of men!”

¹² Barnabas they called Zeus, and Paul, Hermes, because he was the chief speaker. ¹³ And the priest of Zeus, whose temple was at the entrance to the city, brought oxen and garlands to the gates and wanted to offer sacrifice with the crowds.

¹⁴ But when the apostles Barnabas and Paul heard of it, they tore their garments and rushed out into the crowd, crying out, ¹⁵ “People, why are you doing these things? We also are human, of like nature with you, and we bring you good news, that you should turn from these vain things to a living God, who made the heaven and the earth and the sea and all that is in them. ¹⁶ In past generations he allowed all the nations to walk in their own ways. ¹⁷ Yet he did not leave himself without witness, for he did good by giving you rains from heaven and fruitful seasons, satisfying your hearts with food and gladness.” ¹⁸ Even with these words they scarcely restrained the people from offering sacrifice to them.

¹⁹ But Jews came from Antioch and Iconium, and having persuaded the crowds, they stoned Paul

and dragged him out of the city, supposing that he was dead. ²⁰ But when the disciples gathered about him, he rose up and entered the city, and on the next day he went on with Barnabas to Derbe.

²¹ When they had preached the gospel to that city and had made many disciples, they returned to Lystra and to Iconium and to Antioch, ²² strengthening the souls of the disciples, encouraging them to continue in the faith, and saying that through many tribulations we must enter the kingdom of God. ²³ And when they had appointed elders for them in every church, with prayer and fasting they committed them to the Lord in whom they had believed.

The Word of the Lord
Thanks be to God.

STAND

GOSPEL Luke 10:1-11

9am Reader: Cliff Roach

10:45am Reader: Jacob Winter

The Lord be with you.

And also with you.

The Holy Gospel is from the Gospels according to Saint Luke, beginning in the tenth chapter at the first verse.

Glory be to you, O Christ.

¹ After this the Lord appointed seventy-two others and sent them on ahead of him, two by two, into every town and place where he himself was about to go. ² And he said to them, "The harvest is plentiful, but the labourers are few. Therefore pray earnestly to the Lord of the harvest to send out labourers into his harvest. ³ Go your way; behold, I am sending you out as lambs in the midst of wolves. ⁴ Carry no moneybag, no knapsack, no

The Gospel

The Gospel is God's word that speaks to us of what God has done in Jesus Christ. The Gospel demands that we act and standing up is a way to recognize that we are ready not just to hear but live as well.

sandals, and greet no one on the road. ⁵ Whatever house you enter, first say, ‘Peace be to this house!’ ⁶ And if a person of peace is there, your peace will rest upon them. But if not, it will return to you. ⁷ And remain in the same house, eating and drinking what they provide, for the labourer deserves their wages. Do not go from house to house. ⁸ Whenever you enter a town and they receive you, eat what is set before you. ⁹ Heal the sick in it and say to them, ‘The kingdom of God has come near to you.’ ¹⁰ But whenever you enter a town and they do not receive you, go into its streets and say, ¹¹ ‘Even the dust of your town that clings to our feet we wipe off against you. Nevertheless know this, that the kingdom of God has come near.’”

The Gospel of Christ
Praise be to you, O Christ.

Sermon

As we open the Scripture, we corporately encounter Christ. As you listen, pray to be open to the Spirit's leading, exhortation, encouragement and healing.

If you miss a sermon or want to listen again or share with others, podcasts along with small group discussion questions are on our website: www.littletrinity.org and they are also available on Google Play and iTunes.

Confession of Faith

Standing together with Christians throughout the centuries and throughout the world today, we affirm our faith by saying these ancient words together. This Creed is where we acknowledge the historical truths of our faith, passed down throughout the ages.

SERMON **STAND** for prayer, then **SIT**
 “Theology in Action”

The Rev. Canon Dr. Drew MacDonald

Honorary Assistant

Sermon Series: Acts: Empowered to Bear Witness to Jesus' Kingdom

REFLECTION

CONFESSION OF FAITH **STAND**

Do you believe in God the Father?

I believe in God, the Father Almighty creator of heaven and earth.

Do you believe in Jesus Christ, the Son of God?

I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.

Do you believe in God the Holy Spirit?

I believe in God the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

PRAYERS OF THE PEOPLE

SIT/KNEEL

Lord, in your mercy,
Hear our prayer.

Prayers of the People

The prayers of the people are the response of the community to the proclamation of the word. They are a moment when the gathered community exercises its baptismal role.

Baptized into Christ, and made one in his body, we pray with Christ, who constantly prays for us and for all of creation (Hebrews 7:25). Together we pray for our church, our city and our world.

WEEKLY CYCLE OF PRAYER

MINISTRIES OF THE WIDER CHURCH

WORLDWIDE: The Church in Aotearoa, New Zealand and Polynesia

DIOCESE: St. Paul's, Lindsay, St. Paul, Newmarket &

St. Paul, Uxbridge

CLERICUS: Church of St. Bartholomew

NEIGHBOURHOOD

Those living and working on Palace Street & Eastern Avenue Diversion

LITTLE TRINITY COMMUNITY AND LEADERS

Youth Ministry - Morgan Chu, Director

PARISH

Lynn McDonald; Kelly McDonough; Helen McGill; Dorothy McKim; Luke & Zaina McNeill; Robert McRoberts & Beth Selby McRoberts; Heather Medhurst

MISSION PARTNERS

Dr. Steve & Peggy Foster (SIM) Lubango, Angola

OFFERTORY WORSHIP

OFFERTORY

In our offertory, we offer our praise and thanksgiving and the gifts of bread and wine to the glory of God. If you wish to financially support the ongoing gospel ministry of Little Trinity, you can scan the QR code attached to a pew for options or visit our website at littletrinity.org/give. If you wish to give in person, please deposit your offering in the offering boxes in the church sanctuary.

THE PRAYER OVER THE GIFTS

Heavenly Father, thank you that we have these gifts to share. Help us to be generous in supporting the work of the gospel and caring for those in need, in the name of Jesus Christ our Lord. Amen.

The Doxology

These words, penned in 1674 by Thomas Ken, anchor us in the reality that our only proper response to God is worship and praise.

THE DOXOLOGY

STAND

**Praise God from whom all blessings flow!
Praise Him all creatures here below!
Praise Him above ye heavenly host!
Praise Father, Son and Holy Ghost. Amen.**

Confession & Absolution

Not forgetting our nature as fallen human beings: on one hand, we fall short of what we should do and who we should be, on the other hand, we are reminded that God is loving and merciful, we recognize that we are sinners and he reaches out to us nonetheless; we are assured that God has looked upon us with mercy and we have been forgiven of our sins.

CONFESSION & ABSOLUTION

SIT/KNEEL

You then, who truly and earnestly repent of your sins, and are in love and charity with your neighbours, and intend to lead the new life, following the commandments of God, and walking from this day forward in God's holy ways: draw near with faith, and take this holy sacrament to your comfort; and make your humble confession to almighty God.

Almighty God, Father of our Lord Jesus Christ, maker of all things, judge of all, we acknowledge and confess our many sins, which we have committed, by thought, word and deed, against your divine majesty. We earnestly repent, and are truly sorry for all our misdoings. Have mercy on us, most merciful Father. For your Son our Lord Jesus Christ's sake, forgive us all that is past, and grant that from now on we may always serve and please you in lives wholly renewed by your Spirit, to the honour and glory of your name, through Jesus Christ our Lord. Amen.

Almighty God, our heavenly Father, who in his great mercy has promised forgiveness of sins to all who turn to him with heartfelt repentance and true faith: have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to eternal life, through Jesus Christ our Lord. **Amen.**

THE PEACE

STAND

The peace of the Lord be always with you;
And also with you.

COMMUNION

Hear now these words of assurance for all who truly turn to Christ.

Jesus said: 'Come to me, all you who are weary and burdened, and I will give you rest'.

(Matthew 11:28)

'God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish, but have eternal life.'

(John 3:16)

We say the confession together to illustrate we are all in need of God's mercy and forgiveness. Even if the person standing in front of you looks like they have it all together.

The Comfortable Words

The comfortable words, simply sentences from scripture, remind us that we cannot earn grace, we can only receive it through the work of Jesus on the cross.

Eucharistic Prayer

Modeled after Jewish table prayers of blessing, the Eucharistic Prayer explores and explains something of the wonder of Jesus' death for us, as Paul wrote: "as often as you eat this bread and drink the cup, you proclaim the Lord's death until he comes."

The prayer contains the words Jesus used during the Last Supper. As we hear these words and go forward together, we feed on him, in our hearts, by faith, with thanksgiving.

The table is prepared while the prayer is spoken, much as we prepare ourselves to receive the Eucharist.

Holy, holy, holy Lord...

The Sanctus (*Holy, holy, holy Lord*) names that which is sacred, holy, hallowed, consecrated and inviolable: "Lord, God of power and Might".

The apostle Paul said: 'Here is a trustworthy saying that deserves full acceptance: Christ Jesus came into the world to save sinners'.

(1 Timothy 1:15)

The apostle John said: 'If anyone sins, we have an advocate with the Father, Jesus Christ the Righteous One. He is the atoning sacrifice for our sins.'

(1 John 2:1-2)

EUCCHARISTIC PRAYER

The Lord be with you.

And with your spirit.

Lift up your hearts;

We lift them up to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

It is indeed right, our duty and our joy, always and everywhere to give you thanks and praise, holy Father, heavenly King, almighty and eternal God.

Therefore with angels and archangels, and with all the company of heaven, we praise and magnify your glorious name, forever praising you, and singing:

Holy, holy, holy Lord, God of power and might, Heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord. Hosanna in the highest.

SIT/KNEEL

Almighty God, our heavenly Father, in your tender mercy you gave your only Son Jesus Christ to suffer death upon the cross for our redemption. He made there, by his once and for all offering of himself, a full, perfect, and sufficient sacrifice for the sins of the whole world. He instituted, and in his holy gospel, commands us to continue a perpetual memorial of his precious death until he comes again.

Hear us, O merciful Father, we humbly pray, and grant that we who receive this bread and wine according to your Son Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed body and blood.

On the night that Jesus was betrayed, he took bread and when he had given thanks, he broke it and gave it to his disciples, saying:

Take, eat this is my body which is given for you. Do this in remembrance of me.

In the same way, after supper, Jesus took the cup and when he had given thanks, he gave it to them, saying:

Drink this, all of you; this is my blood of the new covenant which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.

Accept through Jesus Christ, our great high priest, this our sacrifice of praise and thanksgiving; and as we eat and drink these holy gifts, grant by the power of your life-giving Spirit that we may be made one in your holy Church and partakers of the body and blood of your Son, that he may dwell in us and we in him: Through the same Jesus Christ our Lord, by whom, and with whom, and in whom, in the unity of the Holy Spirit, **all honour and glory are yours, Almighty Father, for ever and ever. Amen.**

We do not presume to come to this your table, merciful Lord, trusting in our own righteousness, but in your abundant and great mercies. We are not even worthy to gather up the crumbs under your table. But you are the same Lord who delights in showing mercy. Grant us, therefore, gracious Lord, so to eat this bread and to drink this wine,

The Prayer of Humble Access

Before receiving communion, we remind ourselves of the true nature of God that though we have done nothing worthy of being received at the communion rail, we are welcome to receive his body and blood. This prayer reminds us how to receive this gift: in humility. The language of the prayer is taken from the Canaanite woman's humble approach to Jesus in Mark 7.

that our bodies and souls may be cleansed by Christ's body and blood, and that we may evermore dwell in him, and he in us. Amen.

COMMUNION

All those who have placed their trust in Jesus as Saviour and Lord, are welcome to the Lord's table. Gluten-free wafers are available upon request from the communion administrant.

The Lord's Prayer

the Lord's Prayer is the prayer instituted by Jesus himself (Matthew 6; Luke 11). This prayer has been handed down from generation to generation, teaching us to pray

Prayers After Communion

God gets the last word in our service. First, he blesses us, and then he sends us out into the world, to live a life that reflects his love, mercy and truth.

We have been given the rest and nourishment we need to sustain our own lives, and we have been given the gifts we need to go out and Serve our World in the name of Jesus.

MUSICAL WORSHIP

THE LORD'S PRAYER

STAND

Let us pray,

Our Father who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever. Amen.

PRAYERS AFTER COMMUNION

Almighty and everliving God, we thank you with all our hearts for feeding us with the spiritual food of the most precious body and blood of your Son, our Saviour Jesus Christ. We acknowledge your love and care for us in making us members of his mystical body, the blessed company of all faithful people, and heirs of eternal life.

And here we offer and present ourselves, our souls and bodies, to be a holy and living sacrifice, through Jesus Christ our Lord, to whom with you and the Holy Spirit be all honour and glory, world without end. Amen.

THE BLESSING

The peace of God which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the blessing of God almighty, the Father, the Son and the Holy Spirit be among you and remain with you always. **Amen.**

ANNOUNCEMENTS

CLOSING WORSHIP

STAND

THE DISMISSAL

Go in peace to love and serve the Lord.
Thanks be to God.



NEXT SUNDAY, SEP 20, 2026

9am & 10:45am - BAS Communion & Worship Services
(With concurrent Children & Youth Ministry - Ages 0-Gr. 8)

6:30pm Lamplighters Worship & Communion Service
Reading: Acts 15:1-11; 22-29

*(Please note that we endeavour to keep the Lamplighters service scant-free.
We appreciate your help in keeping this space welcoming for all.)*

GET IN TOUCH

LITTLE TRINITY

416-367-0272 | 425 King St E, Toronto ON M5A 1L3

Administrator Office hours: M-Th 9:30-3pm admin@littletrinity.org

Prayer Chain: prayerchain@littletrinity.org

The Rev. Canon Timothy Haughton, Senior Pastor taughton@littletrinity.org

The Rev. Andrew Stuart, Pastor of Discipleship astuart@littletrinity.org

Paula Castrucci, Pastor of Justice & Compassion pcastrucci@littletrinity.org

James Beck, Lay Pastoral Associate pastoralcare@littletrinity.org

The Rev. Canon Dr. Drew MacDonald, Honorary Assistant

The Rev. Sandra Seaborn, Honorary Assistant

Ministers: The entire Congregation

www.littletrinity.org |



Little Trinity Church



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